



Gavel clubs are a way of providing the Toastmasters experience to groups who may be ineligible for regular membership due to age, inability to pay dues or other circumstances. Following similar Toastmasters club meeting protocols, Gavel clubs use club officer titles and education manuals. However, gavel club members are referred to as “gaveliers”. Gavel clubs also provide Toastmasters members and clubs with an excellent opportunity for community service.

The first Gavel Club in Oman was founded by DTM Cyprian Misquith on 22nd Oct 2010.

Presently, there are 37 Gavel Clubs in Oman

"The new year stands before us like a chapter in a book, waiting to be written. We can help write that story by setting goals." - Melody Beattie.

We all await the new year with the hope that it will bring glories to our future. We set goals and work towards achieving them, some do work towards those goals while the others try hard and are still not able to achieve their goals. They feel tired, mentally disturbed, stressed and are unable to complete the task they set when enjoying the New Year day festivities. That's life for all of us.

Dear friends, where do you belong? Have you made the right choice? Do you have firm plans for your future? As youngsters, you need to dream and dream big. You also need to work hard towards achieving your dreams. Once you work hard towards achieving your dreams, you will surely attain the results you want. If you have bettered your performance as compared to the previous outing, then you have improved yourself. Work hard and achieve your goals by being precise in life.

You, as gaveliers have the talent, it requires some amount of polishing. Now is the time when you have to put in your best effort. Practice makes a man perfect. Keep working towards achieving your priorities in life and surely, you would come out as a winner.

"Hope smiles from the threshold of the year to come, whispering, 'It will be happier.'" Alfred Lord Tennyson

Cyprian Misquith, DTM
Event Manager
Oman Gavel Championship of Public Speaking 2018

WHERE YOUNG LEADERS ARE MADE

THE NEWS LETTER
02-FEB-2018



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From the Editors' Desk

When the Consortium of Gavel Clubs in Oman decided to bring out a News Letter to add a new flavour to Oman Gavel Championship of Public Speaking in 2018, I joined the applause. Before I could cool my palms, came the second announcement that I would be responsible for the task. For once, Sisyphus seemed better off as he had all the time in this world, where as I had to meet the tight deadline. Although the response from Clubs seemed lukewarm at the outset, before I knew it, my mail box was stuffed in with material. Now as I am writing this, I am exploring the lexicon for the right words to express my gratitude to the wonderful people in the editorial committee. If it was not for them burning the midnight oil, this news letter would not have come out so well and in time. Moreover, it was an unforgettable experience to be associated with those from whom I had a lot to learn. We all enjoyed every bit of this task as it was a platform to showcase the talents of youngsters to a wider audience beyond the constraints of time and space.

However, while basking in gratification, we also remain conscious that there is a long way to go to meet all expectations. Due to various constraints, even we could not do justice to all those materials in the mail box.

Let this not be the conclusion of the task, but a start to a new beginning.

*TM Sunil Sadasivan ACG, ALB,
Chief Editor*



Our Mission

To spread awareness about the Gavel Club movement in Oman to a larger Population by showcasing the talents of the Young leaders trained at Gavel Clubs or trained by Toastmaster Counselors



WHEN I FELL FROM HEAVEN

When I fell from Heaven;
I didn't mind at all.

I spread my wings wide open,
and rather enjoyed the fall.

I could feel the wind on my face;
the thrill left me with no fear.

I saw the sun set behind the clouds
but the ground was coming near.

I didn't feel my wings tearing
as I fell through; back-first.

I didn't feel my halo fading;
nothing but that energy burst.

But when I finally struck the ground,
My heavenly robes fell apart;

My beauty and charm were gone-
An angel who didn't look the part.

My wings were in tatters and
I could feel my demon's horns.
Gone was my pride and honour,
I knew I'd lost it all.

Too late, I saw the mistakes I made;
I took my heaven for granted.

I wanted to live to the fullest but
I'm now at the brink of death instead.

When I fell from heaven,

Oh! little did I know;

that your wings won't ever grow back
and neither will your halo

*Gav. Adveteeya Ganti
ISG International*

**(The Author is the winner of Evaluation
Contest in OGPCS 2017)**



*Gav Manya Sunil
Talati
ISWK, Harley.
She Paints
illustrations of
Motivational
Quotes, every
week.*



Value of Time

Many people in our country and some parts of the world have a lot of ideas that can help us in many ways. But these ideas, are sometimes not being seen implemented in the real world. These ideas always remain virtual or cannot be seen being implemented. The reason behind this is that the people with the ideas have become uninterested. This can be seen in the children of today who are and will be the successors of this world. Time is being consumed for unnecessary activities which have no productive value. Each and every second is important and must be used properly. “Time is money” is the right phrase for this. For Usain Bolt making a world record was easy because he used his time for practice and it had a very good productive value which made him achieve Olympic medals.

The advancement in living conditions has made us very soft. Children are so attracted to electronic gadgets, social media like WhatsApp, Facebook, Instagram etc. that they forget to do their daily routines and activities that they get carried along with it for hours. The improper sleeping schedules can really affect the body as the body has a fixed cycle that it follows. Our ancestors used to work during the dawn and take rest at dusk. This is how we have to be and should be. The current generation and the previous generation have a lot of difference in terms of attitude and behavior. Studies by scientists find that in the recent years the involvement of people in some event or work has been decreased greatly. This is because of technology and can only be changed with the help of it.

We can make some improvements in our lives

for the brighter future of the world and for our successors, the children of today. We can develop ourselves first by reducing the use of electronics. This can be done by allotting time for spending with friends and family chatting, going for a walk along the beach or going to a restaurant to have a nice dinner. Sleeping at proper times can make you feel healthy and energetic. This does not mean that you should just eat and sleep – you should also do some kind of exercise or work. All these activities keeps the brain alert, active, peaceful, innovative and reduces laziness. This not only be helpful for us but for also the future generations. It also helps in the implementation with ease and without further delay.

Many famous personalities have spoken on this. Dalai Lama, the Famous Buddhist Monk has said, “There are only two days in a year that nothing can be done. One is called yesterday and the other is called tomorrow, so today is the right day to love, believe, do and mostly live”. The famous missionary who is a Nobel Prize winner from India, Mother Teresa has also given her valuable advice to the world, “Yesterday is gone. Tomorrow has not yet come. We have only today. So let us begin”.

We can earn or get anything in this materialistic world. But it not possible to earn valuable time lost in unproductive activities. This article is to emphasis the value of every second, every hour and every day i.e value of time.

*By: Gav. Rishab Shankar Dharan,
ISG Emerald*





Antidote for Public Speaking Blues

Sharp pains shoot up my arm, I'm beginning to feel nauseous. I open my mouth, then close it again. Racing heart and sweaty palms, tottering knees and chattering teeth – does this happen to you when you are called to speak? Sounds of giggles and hushed whispers reach my ears and just when I remember what I have to say I turn blank again. All the long hours of practicing boils down to that moment when one's name is called out and one stands in front of that monstrosity called a mike !

I see the judges faces. Gosh ! What's that first line again? Hope my memory doesn't give up on me. I open my mouth and the easiest thing that comes out is "Check, Check". I clench my fists and say the one thing I have said umpteen times-"Respected judges, teachers.... Oops! Wasn't the good morning

supposed to have come first or was it that quote by my all time favorite William Shakespeare?" There is however no going back . I plod on and then the words start to roll, and it all comes flooding back. What a relief and before I know it, I'm done. I walk away triumphantly leaving the heat of the stares and the glare of the lights behind.

It wasn't so difficult after all and nowadays it isn't difficult at all! Repeated exposures to speaking in the gavel club have made my symptoms disappear. The thumping of my chest and the beating of my heart has subsided and I'm sure as I continue to partake of many more sessions I'll be free of it altogether. So if you're looking to get rid of cold sweats and seizures every time you open your mouth for public speaking, come join me at the Gavel club!

*Gav. Jonathan Edwards Zacharias
ISG Citrine*



Verbal Inspiration

Much wisdom always goes by the fewest words, not the many battles. More than the attempt in bloodshed and fights, trying to settle woes down is proven to be a much peaceful method. Words of wisdom give encouragement, the power to convey your thoughts to the world around you. There is possibly not anything anyone can't do if they expand their thoughts with inspiration.

Everyone today knows about Nelson Mandela, who fought for the rights of black people. It was with much great difficulty that he alleviated racism from America, but he never went for fights or war. His words are remembered up to date for their capability of inspiring humankind. "Education is the most powerful weapon you can use to change the world". It is also the tool that helps you figure out how to put your words in action. Everyone in the world has a dream that

can help the world. Is it a better way to fight and kill the people who go against your idea or divert their minds into the right through your words?

If one does not pick their words carefully and try to harass someone, things could go even worse than a sabre fight. Not forgetting the power of words, if a negative impact is made through your words, it would be a time you go through a great difficulty. So, choose your words right. If you don't ,words would be the weapons through which you portray ambiguous and unscrupulous actions with.

There is no way more effective than words to express yourself to others positively. Words can inspire but also hurt. So pick yours wisely.

*Gav. Minuki Kihansa
SLS Stage Masters*





Importance of Vocational Education

The word Vocational Education is probably very new to most of the youngsters out there in today's world. Well, the word literally means Job-oriented education.

Vocational education is more of an advanced form of learning which is not present in many schools around the world. This is a problem of great concern. There was a time when many schools had this kind of education and those were the days, people were actually learning. The same cannot be said for today's generation. Why Vocational Education ?

As mentioned earlier, vocational education is termed as job-oriented education. It is a fact that if more schools were to adopt vocational education their students could easily contribute to the society in terms of work. Schools and institutions follow the theory of everything

instead of the practical life of everything. If a school were to adopt vocational education courses in certain tasks such as accounting, actual software development students can easily grasp an understanding of what actually runs in the world. Sadly, statistics say that we're at present a good 50 years before everyone learns the importance of vocational education. But, it needn't be so.

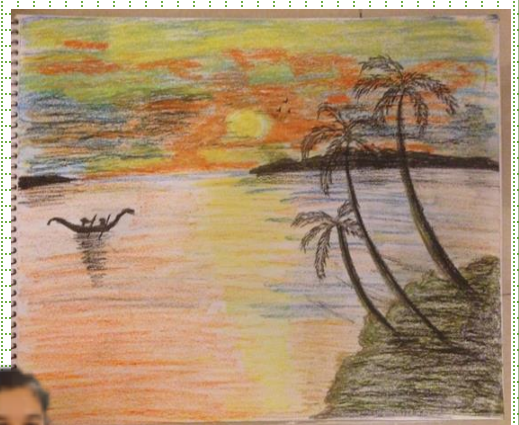
There have already been a few schools/institutions which have brought vocational education to their place of study by the use of sites such as Change.org . We can all try and instill the importance of vocational education in others. Let's work together for "the greater good" !



Gav Shankar Sreedhar
 KTI Gavel Club
<https://about.me/shankarsreedhar>



Gav Lakshmi Sumil Vishnu
 ISG International



Gav Tanu Sharma
 ISG Blue Sapphire

There are two types of Speakers. Those who get nervous and those who are liars

Mark Twain



Tomorrow Begins Today

“Who you are tomorrow, begins with what you do today.” quotes Tim Fargo. Most of us have the habit of telling ourselves ‘I will do it tomorrow’, but this tomorrow never comes. It sometimes happens that we decide to be a good, noble person tomorrow, but on the next day, it is still ‘tomorrow’. We always wait for this ‘tomorrow’ to come, forgetting about the precious today and the value of the present hour. By doing this, we end up wasting all that precious time of our lives. This is our problem and we need to understand that only by using the key of ‘today’, we can open the doors of ‘tomorrow’.

Take the example of a marathon. You start running but then you decide to rest for an hour and then continue. If this was a 3 hours long marathon, wasting 1 hour and running for the next 2 hours is not going to get you to the finish line. You have wasted your 1 hour but you still expect to win the marathon, it is just not possible. This is exactly the case in everyday life. We all are on our marathon to success, but we waste the present and wait for the future to start running and reach success. We fail to realize that without putting the effort today, tomorrow will not be a great day.

Moving on, people love to procrastinate. Procrastination is literally killing of precious time. Every time you keep something for the next day, it always ends up not being done and being postponed again. It is like throwing a ball at a wall with the intent to keep the ball in a box which is meters away. It is useless. No matter how many times you throw it at the wall, the ball will bounce back to you. The ball will never reach the box unless you make the effort then and there and decide to keep it in the box yourself. So keeping something you have to do today for another day will simply not help.

What has to be done now, should be done now. Furthermore, we don’t know how to make use of the present and this is the main reason why we wait for ‘tomorrows’ to come. For a test which is to be held tomorrow, we are not ready for it until we prepare for it today. We can’t expect to get full marks without making an effort to learn the day before the test. Without sowing the seeds today, harvesting is not possible tomorrow. So the present is crucial for preparation for the future.

Lastly, in our lives we always wait for the right time to come to show our full potential and put that extra effort which makes the difference. We wait for that tomorrow when we will put in our full effort. This is not right. If you don’t break the egg to make an omelet now and wait for the right time to come, the egg itself will hatch into a chick at some point of time and you will have to remain hungry forever. So waiting for that tomorrow is no use; you have to consider today as the right time and put that extra effort today itself so it is not too late.

There is no lift to success; steps have to be climbed, constant effort has to be made. Everything cannot be done tomorrow. Today is the ‘preparation time’ given for the ‘test’ named tomorrow. So use your present well. Stop believing that miracles will happen tomorrow; you will have to make them today. In the end, it is clear: Get the best out of today instead of waiting for tomorrow as you know tomorrow does begin today.



*Gav. Prakathishwaran,
ISG International*



What is Life

What is life?

A little hope, a little dream

And then goodnight?

Life is about the small things that matter

Petty fights and gossip girls is not the end of it

Life is much more beautiful

Than what our small minds can hold

It is about the no. of faces brightened

And the no. of souls lightened

Life is not about the cross end after the loss

It is about the pain behind the gain

Life isn't about the trophies

It is about the sweat behind the win

Life is a deadline to none

Life is a wish come true

Just as

Life is a university

When no one graduates

And no one passes

Without failing once

Life is always fair

What makes it unfair

Is the toss we decide to flip

Closed doors that we keep for our trials to come

The fear in our head to fall

But what's life after the fall?

The victorious stand you take



Gav Nathasha Noronha
ANA Gavel Club



SMILE- THE COLOUR OF LIFE

By Vaibhav Chabbi
PDO Gavel Club

The Young Vaibhav was inspired by these urchins he came across in Dharwad, India. He could not but grab the smiles that beamed over paucities with his lens!!

Gavel Club is a must for all the youngsters as well as the old. It provides a platform to show up our public speaking skills and our talents. For all the students like me, who were known as a quiet and non-interactive person are now known as a confident young leaders. Teens enter this club as a beginner and come out as a leader.



Gav Marena Saji,
ANA Gavel Club



Gav Tanish, ANA
Gavel Club



ANA Gavel Club is one of the best clubs I have been to. The main reason I have been coming here is to improve my vocal skills and to prove myself a better speaker and an efficient leader. Today's world is one where we have to build ourselves in a wonderful way and ANA Gavel Club gives me the right training.



WOMEN'S ERA

Women are a symbol of strength,
 Strength that runs along its endless length,
 Women are a symbol of love,
 Love runs in their every nerve,
 Women are a symbol of care,
 Without them in our lives, we are completely bare,
 Women are a symbol of peace,
 For their unconditional support, they don't charge any fees,
 Women are symbol of pride,
 They are our life's ultimate guide.



Gav Aarohi Kumta,
 ISG- Diamond

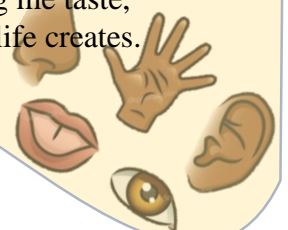


FRIENDS

Through my pain or my gain,
 A broad road or narrow lane,
 You have always been there for me,
 No matter what the situation might be;
 Through my sadness or my glee,
 Slow I walk or fast I flee,
 You have always been there for me,
 No matter what the situation might be;
 As far as my eyes can see,
 Be it a shallow pool or a deep sea,
 You have always been there for me,
 No matter what the situation might be.

SENSES

Thanks for always guiding me,
 Thanks for always staying by my side,
 Thanks for always showing me,
 All the horizons, deep and wide;
 Thanks for always supporting me,
 Thanks for always believing in me,
 Thanks for always making me sense,
 All the darkness of the dense;
 Thanks for always bearing with me,
 Thanks for always seeing the spark in me,
 Thanks for always making me hear,
 All the silent cries of fear;
 Thanks for always being there for me,
 Thanks for always keeping faith in me,
 Thanks for always making me smell,
 All the fragrances that would ever dwell;
 Thanks for looking up for me,
 Thanks for always taking care of me,
 Thanks for always making me taste,
 The joys and sorrow that life creates.



I have been with ANA Gavel Club for the last 6 years. Gavel Club transformed me from a shy school boy to a bold teenager. Gavel club created a confident public speaker in me and today I am in a position to speak in front of a large audience without any fear. Gavel Club made me a better and more disciplined person.



Gav. Shawn Elton
 D'Silva, ANA Gavel Club0



TODAY IS A GIFT

"YESTERDAY IS HISTORY, TOMORROW IS A MYSTERY, TODAY IS A GIFT
MASTER OOGWAY (KUNG FU PANDA)

If I were told to explain the theme in one word, it would be "EXAMS". A word that we are all so familiar with. We prepare for exams months before they actually take place. These include tests, class tests, tuition tests, re-tests, mocks and the most dreaded, your mother's tests. We take this all lightly and do not look at the big picture. What do we do it for? Why do we do it? We do it so that we get really good marks in our main exam. That is life, like an exam, learn for it today and you will excel in it tomorrow.

Our forefathers and ancestors worked really hard to make us what we are today. All their hard work will be paid off if we lead successful lives. We are called the future generation but what we do in the present makes our future.

The youth of today take pride in calling themselves the future. But are they really?

Many of us take that responsibility very lightly. We indulge in the wrong activities. We are addicted to various things like phones, laptops, tabs and the worst of it all DRUGS. Approximately 208 MILLION PEOPLE AROUND THE WORLD ARE ADDICTED TO DRUGS. 208 million. 100 people die every day because of drug addiction.

What are we doing to ourselves? Has humanity lost its values? I, very strongly feel that if we don't pay attention to it today, we are going to soil our tomorrow. What we do today makes our future.

What is it in drugs that attract people to it? They

are just a bunch of chemical combinations that "Rock's our body system". We are ending our lives just to a stupid system of rising to the status of becoming the so called 'COOL'.

Tomorrow begins today. We should be more attentive to the problems the world is facing today, to have a safe and secure future tomorrow. It is time for us to wake up.

Just imagine if our forefathers had developed the bad habits that we have developed today, would we be what we are today? Is this what we want to teach our future generations? Is this what we want our children to become? Do we even realize the consequences of what is happening around us? Pollution, which is one of the biggest problems the modern world is facing, How many of us are even looking in its direction?

You can find this answer in only one place. You will find the answers only if you look into your soul and the answer that you get will tell you what kind of a person you are. If you don't respond to this for yourself at least think of your children, others children and your family. Is this the world the world that you want them or yourself to live in?

I don't know if I will ever win and get to read this to a large gathering, but I wish that the five or six people who read this will be my messenger's as how they respond to this today may make us what we are tomorrow because we always have to remember that 'Today is the present'.

Gav. Suyog Suhas Bhat



Gav Nishtha Kashyap,
ANA Gavel Club

Well, coming to Gavel Club has taught me a lot of things. I has not only taught me to become confident, but also it has helped me to overcome my fear. Before, I used to be very nervous while giving my speech, but now giving speech is my strength. It has also become my passion. I also want to become a powerful speaker. In this club, the counsellors are ready nice, helping, caring.



POWER OF THE VERBAL

You are scolded by your teacher in front of the entire class.

You are ashamed even though you know that it is your mistake. Obviously, you will remember this with an immense amount of hate within you but just imagine your teacher addresses a note to your parents in your communication book. You won't bother, will you? **WHAT IS THE REASON FOR THIS?** Of course, it is because you might not even show the note to your parents unless they check your communication book whereas you might tell your parents about your teacher's typical scolding as if there's no mistake on your side. This is the power of the verbal communication.

The same point goes for all types of verbal communications. All Gavel Clubs are stages built for talented or non-talented speakers called Gaveliers to improve their public speaking skills. In these clubs each and every point is delivered verbally and therefore everything is remembered. People might not like to read humungous essays but it's obvious that they would like to listen to thousands of interesting speeches.

Verbal Communication doesn't only mean

talking continuously. It has a lot of other needs to make it interesting to listen enthusiastically. The main thing that you should consider when doing your speech is to choose an appropriate and attractive topic and to practice. You should always think positively of your speech and get your audience engaged. Next, put your mind on to factors such as body language, effective use of the stage, tone variations or intonations, vocabulary, audibility, pauses and more. A message delivered verbally would be stronger if all these factors are used.

It's obvious that words are strong, but they are the strongest when they are told verbally. Explaining things verbally makes it easier for people to understand rather than writing colossal essays or points to convey simple things to people. Therefore, verbal communication has come up to outstanding standards in present society. Gavel club is a stage for verbal communication where many things are conveyed very strongly. It is a place to improve your skills of verbal communication.



Gav Viduni Vathmavi Piyasiri
SLS Sparks

The Gavel Club is the most awesome place to be because you can really learn to be a public speaker with the help of positive criticism. The best thing about ANA Gavel Club is our Counselors who are always encouraging the aspiring Gaveliers. I have really become a good speaker because I had just recently conducted a seminar in Biology which was a big success. I see a bright future for the Gaveliers in all aspects of life.



Gav. Caleb Shalom,
ANA Gavel Club



ANA Gavel Club has been really helpful in shaping us as resolute speakers. I have been a Gavelier for quite some time and it has really helped me step out of my shell. The entire credit goes to our club Counselors, who have been putting their tireless efforts to shape us as confident individuals.

Gav. Hridhay Natan,
ANA Gavel Club



WHAT DOES AN EVALUATOR DO IN A GAVEL CLUB?

Can you remember the first day you sang a song or recite a poem in front of parents? What was the parents' reaction? Obviously they gave constructive feedback to encourage us. From the day we are born, our parents carefully watch our actions and their evaluation and feedback for everything what we did has developed us and helped us to reach where we are now. Our dear teachers in school always give feedback how to develop our skills every time.

Similarly, role of the evaluator in Gavel club is to provide a constructive and encouraging feedback for speeches. It will help speaker to improve their skills and build the confidence to improve their speaking skills. That is the reason why it is said that evaluation is the heart of a gavelier's educational programme.

An evaluator should be an active listener and critical thinker and an open minded person to give proper feedback. You observe the speeches of your fellow club members and offer evaluations of their efforts, and they do the same for you. It improves active listening, critical thinking and positive feedback skills.

Listening to competent evaluators' evaluations and participating in evaluators' trainings will help

you to learn the evaluation process. An evaluator should be familiar with the project that the speaker is going to present and it is advisable to make notes during the speech. Keep your notes brief and to the point. Remember, you are not trying to produce a complete summary of the speech. But simply pick out specific points that you might include in your evaluation. Evaluators find it helpful to split their rough notes into categories covering different elements of speech. Evaluators can note down under the following categories:

“What I saw “that include body language, eye contact, use of the stage, props used etc..

“What I heard” that includes content, pace, vocal variety, etc.)

“What I felt “(emotions inspired by the speech)

Then deliver the evaluation within the time allowed usually 2-3 minutes. Evaluator should always highlight good points and offer encouragement, he or she must also indicate areas for improvement, otherwise the speaker will not benefit in full.

Gav Vihara imandi.

SLS Stage Masters Gavel club



*Gav Sivaranjini Ramakrishnan
ISG-Blue Sapphire*



*Gav Nyonika Cardozo
ISG Emerald*



Aarti Sunder Raju,
Diamond Club
Indian School Al Ghubra

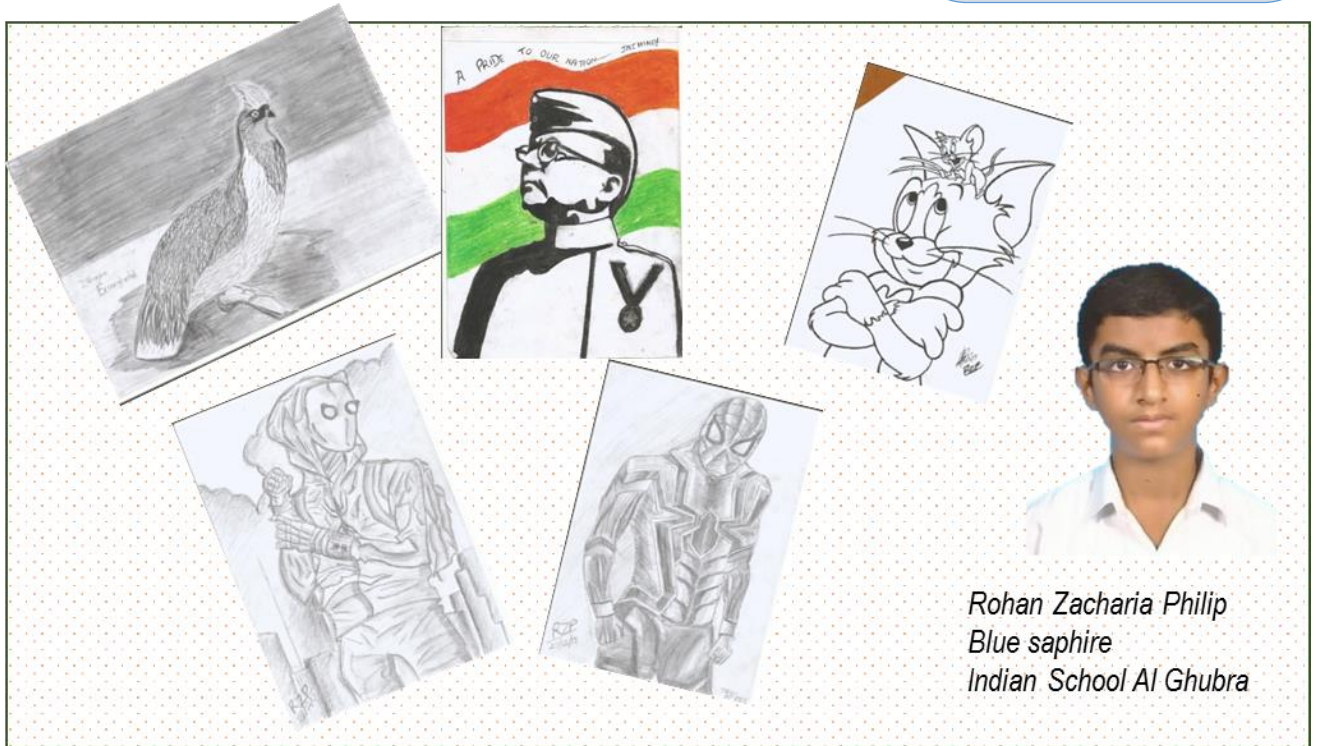
The Gavel Club has been a very encouraging and supportive organization. It has allowed us to improve our speaking skills and vocabulary. It has helped me in overcoming stage fear and improved my self- confidence.

Gav Junaid Shaikh,
ISAS Kennedy



Gav Khushi, ISAS
Churchill

People are afraid in their mind, they are in a dark light of stage fear. I was one of them. After coming to Toastmasters, I have changed my life. I have become happier and joyful. I am deeply in love with the Toastmasters programme at the Gavel Club.



Rohan Zacharia Philip
Blue sapphire
Indian School Al Ghubra



COMEDY VS HUMOUR

Humour is whatever makes us laugh in any situation. Comedy is planned entertainment. Every word and action is chosen for its ability to produce a laugh. If comedy does not get a laugh, it's not really comedy. It is just painful. Humour pops out of nowhere. It is born the moment we laugh. Before that it is just life.

If you are walking along a riverbank with your sweetheart that's life. It is a wonderful life, but it's still just life until one of you trips and falls into the river. Suddenly it is humour.

Comedy writers write for the sole purpose of getting a laugh. Laughter is their objective. Writers who use humour will include funny stories or phrases, but their true goal is to deliver a message. Laughter is merely one of their tools.

For comedy writer, laughter is the point. For the writers who use humour, laughter reinforces the point.

If you choose to become a comedy writer be funny and always be funny. There's little room for anything less than hilarious for a comedy writer.

If you choose to be a writer who uses humour, your humour can fall flat and you may get away with it depending on how flat it fell. The reader may not even realise you were trying to be funny.

Whatever you choose to write humour or comedy, getting your reader to laugh is sure way to keep them reading, at least for another line or two.

*Gav. Ishanpreet Singh Sandhu
ISWK Aiden*

IMPORTANCE OF EDUCATION

Education is the most important factor for the development of human civilization. Education primarily provides the needs of manpower, promotes unity of humankind and uplifts public awareness. A Society needs many different kinds of manpower such as doctors, engineers, teachers, judge, administrative officials, economists and other technical hands. Education provides the humanity with those educated hands.

If people are educated, they can understand their duties and rights in order to uplift the human values for mutual benefits and common welfare. Thus, education contributes to promote the unity of humankind and help in maintaining social order. Education plays a prime role in order to uplift the degree of awareness of citizens. It makes people conscious of their surroundings so that they will not follow the old dead and evil traditions.

Educated people can contribute to reform the outdated social practices. They can understand what is wrong and what is right. They can save good traditions and shed the rotten ones. Education profoundly enhances human prosperity.

*Gav. Iha Kaur Sandhu
ISWK Swift*





IT'S NOT AS DIFFICULT AS YOU THINK!

As a student, there have been many occasions, when I had to speak before a crowd, be it elocution competitions, speeches as part of the academic curriculum, or a campaign speech for prefect and head girl. Today, I speak with confidence, looking at my audience in the eye.

But I haven't always been this confident a speaker. It is not too long ago, that the mere thought of speaking in front of a crowd gave me the jitters! Breaking out in a sweat, I would stand, utterly mortified, my tongue tied up in knots!

So how did I change from a nervous orator into a confident speaker? I joined the Gavels Club and I discovered a new world! It is Gavels Club which trained me well enough to be able to go up on stage and speak confidently before an audience.

A little apprehensive at the beginning, I was soon at ease as I found the Gavel Club to function in a friendly and supportive environment, where each one learns from the other. The Club gave me an opportunity to attempt organized as well as extempore speeches; to speak, as well as to evaluate others. My vocabulary improved, so did my ability to organize and present my thoughts coherently and within the given time. My leadership skills were honed through the responsibilities assigned to me while holding the position of an office bearer. In addition, it gave me the opportunity to meet and befriend students from various sections of the school.

When I joined the Gavels Club last year, little did I know, how much I would benefit from it and how much fun I would have in the process. I still have a long way to go, for as the German Poet Heinrich Heine once said "Talking and eloquence are not the same; to speak and to speak well are two things. A fool may talk but the wise man speaks."

Aditi Shekar

VIII J - Indian School Muscat

Gavel club is an inspirational place. We also discover our potential and the speaking abilities that we have. We get to hear different types of speeches that are motivational, inspiring and humorous too. We get to improve our listening skills through evaluation and also learn how to pour out our ideas through impromptu speeches.



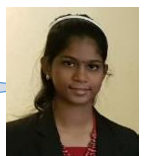
Gav. Nova Elizabeth Johnson, ANA Gavel Club



Gavel Club helps us to improve my leadership skills and self-confidence. I want to be a good speaker and I am sure with the help of my counselors and the support of my fellow Gaveliers I will achieve this goal.

Gav Altheena Seju, ANA Gavel Club

ANA Gavel Club has helped me to enhance my speaking and listening skills. The atmosphere here in ANA Gavel Club is so good. I have been here for about 6 months and now, I can say without any doubt, that I have overcome my stage fear. I am so privileged to say that our counselors have been very ebullient. They have encouraged us a lot. I am looking forward keenly to the finals.



Gav Nandana Ranjith, ANA Gavel Club



Memorabilia



From the Archives of KTI Gavel Club



Installation of Officers on 28-Oct-17

Few months back we used to attend a programme named Youth Leadership Programme which was held for 1 month. After that the Toastmasters recommended to join Gavel Club. Our parents also suggested us to join Gavel Club. So, we joined ANA Gavel Club. And, I wanted to become an excellent public speaker.



Gav Aastha Kashyap;
ANA Gavel Club



Gav Aisha Nizar ;
ANA Gavel Club

I have come and joined Gavel Club to improve my speaking skills. To overcome my public speaking fear. About my Counselors- They are very supportive and very good teachers. This helped me very much in overcoming my public speaking fear.

According to me, it is a place of encouragement, as we will know children usually hesitate to go to such classes. Eventually Toastmasters has left a huge impact and grabs my interest. I am motivated a lot and encouraged too..



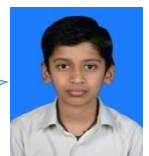
Gav Lakshmi, ISAS Kennedy



Gav T.P. Vishnu Priya,
ISAS Churchill

I always had the fear of public speaking. I could not find any solution for it. As I joined the Gavel Club, I have become very independent and have learnt many new things. I feel very happy as now, I am very confident about myself.

It is a very good experience. It empowers the gaveliers to build their confidence. It encourages them to speak confidently before a humungous audience. It has removed the stage fear within me. The experienced Toastmasters are excellent. They support the members and give them crucial points which develop their confidence. They give a very good feedback which promotes the speaker to reach new heights. Overall it is an excellent experience.



Gav Chariith K.,
ISAS Lincoln



Gavel Buzz



Memorabilia



PDO Gavel Club- Impromptu Speech Contest



Club Officer Installation Ceremony- ANA Gavel Club



I feel Gavel Club is a very good platform for improving our oratory and speaking skills. Even the Counselors are kind and cooperative. They help me a lot.

Gav Janav Shetty;
ANA Gavel Club

Gavel Club helped me to be more confident. It has helped me to communicate my views in a better way.



Gav Brian Mario D'Souza, ANA Gavel Club



Gavel club really helped me in overcoming my stage fear. It gave me a lot of confidence. I thank the Gavel club Counselors for setting me free of stage fear.

Gav Smrithi,
ISAS Lincoln

I don't know why I am here. Probably improving my humor and stop shaking on stage during the contests. I feel neutral about the contests. I will be happy getting qualified or disqualified. I have come with the intention of improving myself as a public speaker.?????



Gav Juvraj Singh,
ISAS Lincoln



Gavel Buzz



Memorabilia



A moment from the Oman Kids Gavel Club, the first Kid's Gavel Club in GCC. The members are seen along with the Founders DIM Sreekumar Pai and TM Uma S Nair



The budding Leaders Getting Ready....

From the Club Officers installation ceremony of the OKGC on 28-Oct-2017



SLSM Gavel Clubs Installation Ceremony





TRUE FRIENDS

I am no expert in making friends or being the one of the popular kids at school. But I would just like to write that, “It doesn’t matter how many friends you have, it matters what type of friends you make. Last year, I had many friends and I always used to feel that I am liked by so many people and those friendships were going to last forever. I also felt that they will help me whenever I am in trouble or sacrifice something important to them for me. But finally, when I really needed their help as I got into trouble, most of them backed out and said that they were

ashamed to call me their friend. They also mentioned that they wouldn’t make friends with such type of people who often get into trouble. I was really depressed. But then my friend Insha said that I needn’t worry and she would always be by my side. From this incident I learnt that, friends will just listen to your problems with their ears and then forget about it. But true friends will listen to your problems with all their heart.

GAV Tanya
ISM Churchill



Gav Sonal Kotecha,
ANA Gavel Club

I really enjoy coming here. This has helped me a lot like speaking in front of everyone. Now a days I am getting opportunities in the school to speak in front of everyone.

I like to come to Gavel Club as I get to learn how to speak in front of audience. I feel happy coming here and I will continue to come so that I can improve my speaking skills.



Gav Aditya Sharma ;
ANA Gavel Club

Well, Gavel club has been a great help and now I am able to speak in any podium at any part of the world. Our counsellors out here are helping and very cooperative.



Gav Sheroy Rohinton;
ANA Gavel Club

I come to Gavel club to overcome from my public speaking fear. Now I am able to speak in front of the audience.



Gav Aleena Seju;
ANA Gavel Club

Gavel Club is very inspirational and it gives us the confidence to come out and perform in the podium. It supports us and provide a positive learning experience to develop our communication and leadership skills.



Gav Hiral Kotecha, ANA
Gavel Club

I am here to improve my speaking skills and to overcome my stage fright. It helps me in communicating with people. Our Counsellors are wonderful people and they inspire us a lot.



Gav Advika Rajesh ;
ANA Gavel Club



Gavel Buzz



Memorabilia

Domina Angels Gavel Club
 (Affiliated to Toastmasters International)
 for children aged 6yrs to 17 yrs

Club will be performing in two levels
 Fun filled education & skill learning

in communication & Leadership
 8 - 10 & 11 - 17 yrs

Venue - CBO, Ruwi
 Time - 6- 8p.m

Call for Registration - 96254753

Domina Angels Group - 1 Aged 6 to 10



2nd
 Installation
 Ceremony of
 ISG Gavel
 Clubs on 18
 November
 2018

Whatever your grade or position, if you know how and when to speak, and when to remain silent, your chances of real success are proportionately increased.

Ralph C Smedley

Gavel Club has helped me a lot to improve in speaking and overcoming my stage fright. Our Counselors have made this club a successful one by encouraging us to reach greater heights. With my best performance, I am confident that I may win against best gaveliers from other clubs.



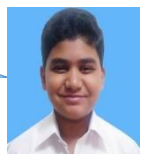
Gav Dan Josh ; ANA Gavel Club



Gav Ridhwan V S;
 ISAS Kennedy

I was really keen to join Toastmasters in my childhood and I am very pleased and lucky to be a part of this big family. Stage fear for me is a forgotten nightmare and I am very thankful for the support given by the Toastmasters. I would prefer all to join this family, because here you never feel alone and everybody speaks.

I have recently joined the gavel club and I feel happy about this opportunity. As practice makes a man perfect, I want to practice and become an effective leader and speaker. I feel excited about the contest. It's like a new challenge that I need to take up. I have not been to any contest, therefore, it's new for me, but exciting as I see it.



Gav Jaideep Ajay Keshav,
 ISAS Lincoln



Gav Asfaq Jalal M.A.N;
 ISAS Churchil

I came to the Gavel club to overcome my nervousness and stage fright. I want to be more confident in front of others. The contest is a good opportunity for self-improvement. We also get to meet a lot of good speakers across Oman during the Annual Gavel Club contest.



Gavel Buzz



Memorabilia

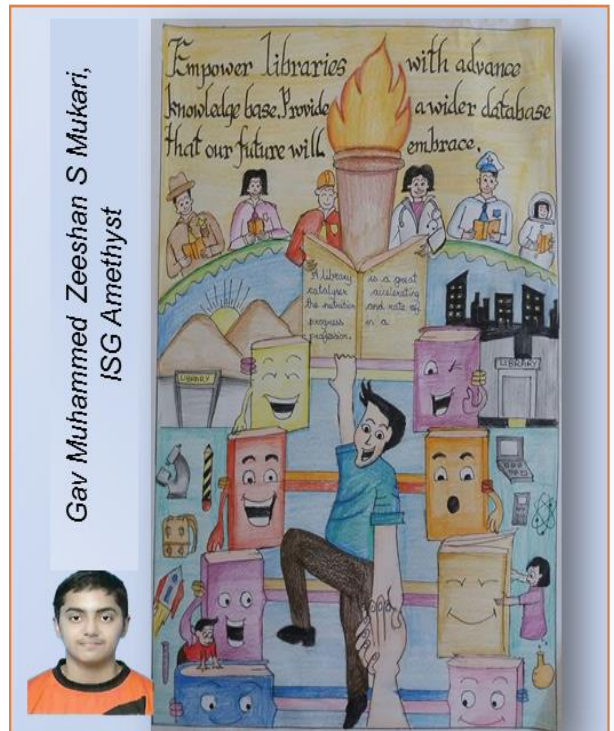
From the archives of ISG Gavel Clubs



Oman Gavel
Championship
p 2017
Table Topics
Winner



Gav Shereen Angela
Rodrigues; ISM



Gav Muhammed Zeeshan S Mukari,
ISG Amethyst



Oman Gavel Championship of Public Speaking 2018

A contest is conducted every year amongst the members from across all the Gavel Clubs in Oman. The Gaveliers from across the country contest in 4 categories viz

1. International Speech
2. Humorous Speech
3. Speech Evaluation
4. Table Topics Speech

OGCPS 2018 is conducted on 02nd of February 2018 at Indian School Al Wadi Al Kabir.



The Meeting of the Event Management Committee of Oman Gavel Championship of Public Speaking 2018 in Progress

A core committee consisting of counselors of Gavel Clubs is formed of which elected DTM Cyprian Misquith as the Team Leader and Event Manager. TM Anu B Mathew is appointed as Secretary and DTM Shyamala Iyer, the treasurer.

The Core Committee

SL No.	Name	Phone Number	Email Id
1.	DTM CYPRIAN MISQUITH	+96892601947	cyprian.misquith@oman.com
2.	DTM SHYAMALA IYER	+96899214590	shyams09@gmail.com
3.	TM PRAVEEN PANICKER	+96892148486	vishwanathpraveen@gmail.com
4.	TM SUNIL SADASHIVAN	+96893217525	sunilsash@gmail.com
5.	TM SAMUEL D'SILVA	+96892568616	samuelfrancis@gmail.com
6.	TM VINOD KUMAR [ISWK]	+96897479922	vinodkumar@iswkoman.com
7.	MTM RAJIBA NAUSHAD [ISG]	+96899026192	rajibanaushad@gmail.com
8.	MTM ANU B. MATHEW [ISM]	+96899574517	biju.anu@gmail.com
9.	MTM SEETHALAKSHMI [ISM]	+96899438740	umas2728@hotmail.com
10.	DTM SRIKUMAR PAI		toastmasterpai@gmail.com



Gav Caleb Shalom;
ANA Gavel Club

The Gavel Club is the most awesome place to be. Because you can really learn to be a public speaker with the help of positive criticism. The best think about ANA Gavel Club is our Counselors TM Samuel D'Silva & MTM Neel Kamal. They are very supportive and always encouraging you and aspiring Gaveliers. I have really become a good speaker because I had just recently held a seminar on the subject Biology which was a big success. I see a bright future for the Gaveliers in all aspects of life.



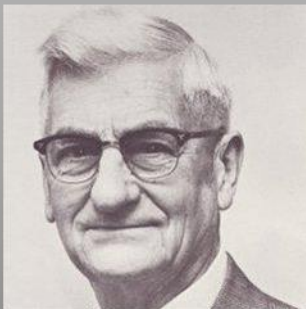
Oman Gavel Championship of Public Speaking 2017



OMAN GAVEL CHAMPIONSHIP OF PUBLIC SPEAKING 2017

FINAL WINNERS LIST

CONTEST	FIRST	SECOND	THIRD
HUMOROUS	ALSTON MORAS	ARJUN S. MENON	MOHAMMED UZAIR
EVALUATION	ADVETEEYA GANTI	ANUSHREE GUPTA	SIDRA MARIYAM
TABLE TOPICS	SHARON JOHN VILLOTH	JASKEERAT SINGH	SRUTI MAADANGI
INTERNATIONAL	SIDRA MARIYAM	ANIRUDH GOVIL	MOHAMMED UZAIR



Ralph C Smedley
 Founder of Toastmasters International
 Born : February 22, 1878
 Died: September 11, 1965
 Founded Toastmasters International on 22 Oct 1924



Major Gavel Clubs in Oman

<p>1586962: ANA Gavel Club Name of the Counsellors:</p> <ol style="list-style-type: none"> 1. TM Samuel .F. D'Silva Contact no.: 92568616 E mail: samuelfrancis68@gmail.com 2. MTM Neelkamal Anchan Contact no.: 99318245 E mail: n.anchan@live.com <p>Venue: Hotel Golden Oasis, Wadikabir Time of the Meeting: Alternate Fridays from 9:30 am to 11:30 am</p>	<p>Domina Angels :2 clubs (1 club for kids from 6 to 10 years of age & 2nd one for kids 11 to 18 years of age) Counsellors - DTM Alex & DTM Clita Crasta Venue - Udupi Home Restaurant Day - 1st & 2nd Thursday Time - 6 to 8pm Contact Details -DTM Clita Crasta- 00968- 96254753</p>
<p>ISAS Gavel Clubs Mentors: TM Don Ashokan and TM Harwin Gabriel</p> <ol style="list-style-type: none"> 1. ISAS Churchill Gavel Club Name of the Counsellor: Mrs. Sabita Loyce 2. ISAS Kennedy Gavel Club Name of the Counsellor Mrs. Mamta 3. ISAS Lincoln Gavel Club Name of the Counsellor Mr. Shine Joseph 4. ISAS Reagan Gavel Club Name of the Counsellor Mrs. Lakshmi Sreedevi <p>Meeting Venue: Indian School Al Seeb (ISAS), Al Mabela, Muscat Time of the meeting: 8 to 10 am every alternate Saturdays</p>	<p>Name of the Club: Indian School Al Maabela Gavel Club</p> <ol style="list-style-type: none"> 1. Diamond Gavel Club 2. Emerlad Gavel Club 3. Sapphire Gavel Club <p>Name of the Counsellors: Mr. G. George, Mrs. Meena Suresh, Mrs Naina, Mrs. Anitha, Mrs. Dhanya, Mrs. Ann Mary, Mrs. Manjusha, Mrs. Vaishnavi Venue: Indian School Al Maabela Time: 10 Am To 12 Noon Contact details: Mr. G. George- gordongeorg@gmail</p>
<p>Indian School Al Ghubra Gavel Clubs Coordinator: TM Shubha Jose</p> <ol style="list-style-type: none"> 1. 5173779 ISG Amethyst Club; Counsellor: TM Marifilis D'Souza 2. 5177998 ISG Blue Sapphire Club; Counsellor: TM Arlene D'Souza 3. 5177987 ISG Citrine Club; Counsellor: TM Rakhi Paradkar 4. 5177980 ISG Diamond Club; Counsellor: TM Abhilasha Ranjan 5. 5177967 ISG Emerald Club; Counsellor: TM Ann Thomas <p>Meeting Venue: Indian School Al Ghubra Time of the meeting: 10 a.m. to 12 noon, every alternate Saturdays Contact person: TM Shubha Jose Contact details: 00968-99671670; email: shubha.jose2017@gmail.com</p>	<p>2459782 ISG International Gavel Club Name of the Counsellors:</p> <ol style="list-style-type: none"> 5. TM Rajiba Naushad Contact no. 99026192 6. TM Lakshmi Ajit Contact no. 95312654 7. TM Shruthy Abhilash Contact no. 91251243 <p>Club Session Venue: ISG International Common Room. Time: Every Thursday, 1.00 pm -2:30 pm.</p>
<p>6662103 Oman Kids Gavel Club Counsellor: TM Uma S Nair Contact number: 00968- 9227 0107 Venue: Ramford Institute, Qurum. Time of Meeting: 1st and 3rd Saturdays of month</p>	<p>1591734 KTI Gavel Club Counselors: TM Sunil S and TM Pradeep R Contact No. 9321 7525; 9742 7401 Venue: Ramford Institute, Qurum. Time of Meeting: 1st and 3rd Saturdays of month</p>
<p>3914770 PDO Gavel Club Name of the Counsellor: Jayashree Chabbi Contact Number: 00968-98807645 Email-id: jayapchabbi@gmail.com Venue of the meeting: Palm room, PDO club Time of meeting: 5.30pm-7pm</p>	<p>Sri Lankan School Muscat Gavel Clubs</p> <ol style="list-style-type: none"> 1. 5168244 Sparks Gavel Club 2. 4327831 Stage Masters Gavel Club <p>Name of the Counsellors:</p> <ol style="list-style-type: none"> 1. TM Ginthan Sathiyam 2. TM Anurudda Rathnayake 3. DTM Subhashini Sumanasekara <p>Contact Person: DTM Subhashini Sumanasekara Contact details: 00968-92410772; e mail: ssumanasekara@gmail.com Venue: Sri Lankan School Muscat Time of Meeting: Alternative Tuesdays, 2.30-4.00 pm</p>