



# **THE NEWSLETTER**

## **25 JANUARY 2019**

**WHERE YOUNG LEADERS ARE MADE**

## CHAIRMAN'S MESSAGE

**“If you think you are too small to be effective, you have never been in bed with a mosquito.” – Betty Reese**

Every end marks a new beginning. We have just completed the year 2018, another year has gone by. We are into the New Year 2019. We must have finished some of our jobs last year, some remained incomplete. It is a great opportunity for us to work on the pending goals set by us and achieve it this year. Keep your spirits and determination unshaken, Gaveliers and you shall walk away to glory. With courage and great effort, you shall achieve everything you desire in this world. No work is easy, no exam is a cake walk and no speech contestant is free of tension.

The month of January has been a month for speech contests to be conducted by the Gavel clubs, most of them have completed the contests. From the club level, we move to the semi-final and the final on the 25<sup>th</sup> of January 2019. There are 37 Gavel Clubs participating in the Oman Gavel Championship of Public Speaking 2019. A total of 296 contestants in 4 speech categories, Humorous, Evaluation, Table topics & International. It is a time when the Gaveliers display all their might and skill in the field of Public Speaking. It's nice to listen to their presentations which are done with a lot of preparation and training given by the Counselors. The Gaveliers have benefitted a lot from the Counselors, who have been working with passion throughout the year on the weekends. I express my gratitude to all the Counselors for their hard work. **“If you are walking down the right path and you're willing to keep walking, eventually you'll make progress.” – Barack Obama**

The organizing Committee has worked hard to set up this event and I am sure that we will have another great treat of Public speaking. The Indian School, Wadi Kabir has been very supportive in giving their classrooms for our executive committee meetings and the semi-final and the final will also be held at Indian School, Wadi Kabir, Main Hall. I would like to thank the Principal, Mr. Rao and the School management Committee for all the help rendered for this event.

So, my dear Gaveliers, the future has a lot of potential for you, strive to have more consideration for others by paying attention, truly listening and showing understanding for others. Study well and work hard towards your goals, success will surely follow. **“Always bear in mind that your own resolution to succeed is more important than any other.” Abraham Lincoln**



**DTM Cyprian Misquith**  
**Chairman**  
**Oman Gavel Championship of Public Speaking 2019**

Gavel clubs are a way of providing the Toastmasters experience to groups who may be ineligible for regular membership due to age, inability to pay dues or other circumstances. Following similar Toastmasters club meeting protocols, Gavel clubs use club officer titles and education manuals. However, gavel club members are referred to as “Gaveliers”. Gavel clubs also provide Toastmasters members and clubs with an excellent opportunity for community service.

The first Gavel Club in Oman was founded by DTM Cyprian Misquith on 22<sup>nd</sup> Oct 2010.

Presently, there are 37 Gavel Clubs in Oman



## Our Mission

**To spread awareness about the Gavel Club movement in Oman to a larger Population by showcasing the talents of the Young leaders trained at Gavel Clubs or trained by Toastmaster Counselors**

## From the Editor's Desk

The Gavel Buzz is slowly emerging into a confident sophomore from a diffident first timer. The modest buzz that it generated last year has not only echoed in many ears but also touched some hearts. When Oman Gavel Championship of Public Speaking (OGCPS) presented a podium for the talented youngsters to voice their views on innumerable facets of life, the Newsletter expanded that podium beyond the four walls of the venue of OGCPS. Even those who did not get a chance to contest or speak in the OGCPS could broadcast their thoughts and ideas to the world by wielding their pens or paint brushes. As a result, the first ever newsletter of the Gavel Clubs of Oman was gracefully accepted by the Gaveliers, parents and Toastmasters alike.

That we were flooded with materials from various Gavel clubs across Oman this year is an outcome of the acceptance of the 2018 edition. Although many of the materials are received much later than the deadline set, the Newsletter Committee including me have tried our level best not to exclude any of them for we believe that conveying the tender expressions of our children to the world is worth our extra efforts. And I am certain that with such increased contributions by the Gaveliers, the second edition will be an even more delectable experience to the readers.

In the layout we have chosen to maintain the same characteristics and style to ensure clarity, coherence and conciseness. It might look nominally different from the previous version, though.

One of the lessons from the last year was that we can work with fewer members in the editorial committee and still achieve the same efficacy. The inclusion of Toastmaster Sachin Thakar, an Architect of creativity, has relieved me from the task of preparing the layout all alone, unlike last year. The other two members of the committee -TM Rajiba Naushad and TM Ann Thomas- painstakingly enhanced the quality of language used in the newsletter. DTM Cyprian Misquith, The Chairperson of the OGCPS acted as our guiding light with his meticulousness and practical wisdom from time to time. The teachers and counselors who have helped in collecting the materials from students, screening them before forwarding them to the Committee also deserve special mention.

If the first edition of Gavel Buzz was a dream-come-true, the current one is a loud declaration that it is here to stay.

Now, while presenting this year's edition to the readers, I am looking forward for a future that will call it a legend!



**DTM Sunil Sadasivan**  
Chief Editor

## The Editorial Committee



**TM Sachin Thakar**  
ACB ALB  
Associate Editor



**TM Ann Thomas**  
Pathways-PM L2  
Associate Editor



**TM Rajiba Naushad**  
Associate Editor

## REACH FOR THE STARS

We have all been subjected to restraints and limitations. Limitations and barriers that have constantly told us that our dreams are far out of reach and we should instead be in pursuit of something more... "Realistic". Trust me you'll come across many such barriers on your path to achieve that dream of yours.

It is thus vital to know how to deal with such restraints!

Limits are, as I like to define them, excuses for deficiency of determination and hard work. And is the term "limit" even relevant today? After the "Big Bang" the universe has been forever expanding. It is ludicrous really to even think about limitations in such a time where the possibilities themselves are LIMITLESS.

WE determine our own limits... No matter what the circumstances may be, with just the right balance of determination, hard work and perseverance you will excel.

Snap out of this misconception that limitations govern you because it is ultimately you who governs them.

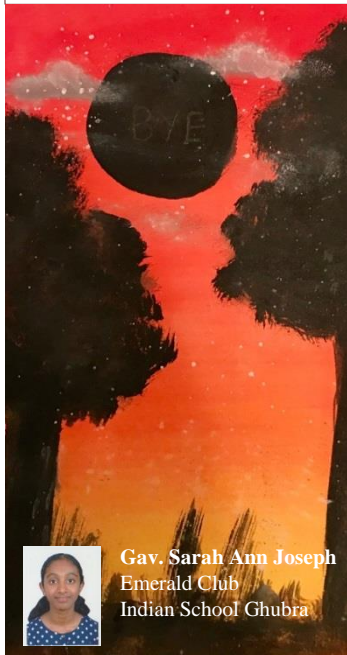
So break those limits, Think out of the box, go chase your wildest fantasies, run faster than light, get the perfect score in your O.W.L.s. do the undoable and reach for the stars far beyond in the universe.



**Gav. Arin Idhant**  
Kennedy Gavel Club  
Indian School Al Seeb



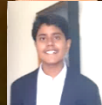
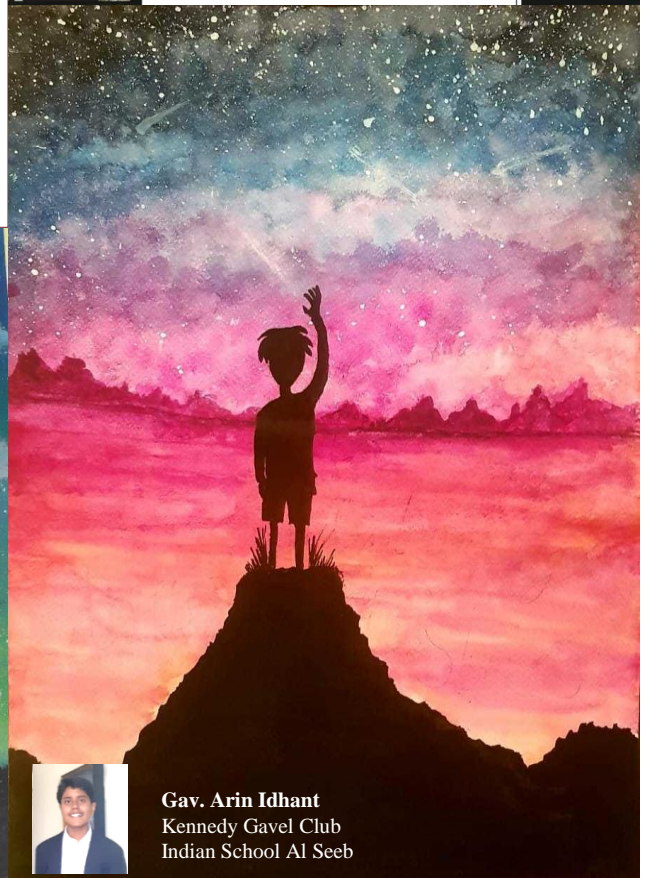
**BEAUTY OF OMAN AT SUNSET - SHATTI BEACH**  
**ALISHA AMJAD - FIRE OPAL CLUB**



**Gav. Sarah Ann Joseph**  
Emerald Club  
Indian School Ghubra



**Gav. Sarah Ann Joseph**  
Emerald Club  
Indian School Ghubra



**Gav. Arin Idhant**  
Kennedy Gavel Club  
Indian School Al Seeb

## DUSTBIN FOR THE ELDERLY

The elderly is a section of humanity that is underrated and completely neglected. Forgotten by the world they seem to be found less in their homes and more in the list of unwanted part of humanity. Thus, when time comes, they are deposited off to the dustbin, the place for elderly who are of no use anymore in the increasingly common Old Age Homes. What makes us think that we have any rights to deposit off our parents like trash? Keep in mind those parents were the reason you had food in your belly and shoes on your feet.

Grandparents are two generations away from us. They cannot advance with the forever advancing world. But that does not mean they become trash unfit to keep at homes anymore.

There was a little boy whose father was getting irritated because, the old grandfather who lived in their house would constantly break glass plates. Sick and tired of this man, the father took him to the nearest Old Age Home. The next day the boy sat making a plate out of clay. When the father enquired why he was doing this, he simply replied, 'so I do not have to take you to the old age home. Father, clay does not break easily.'

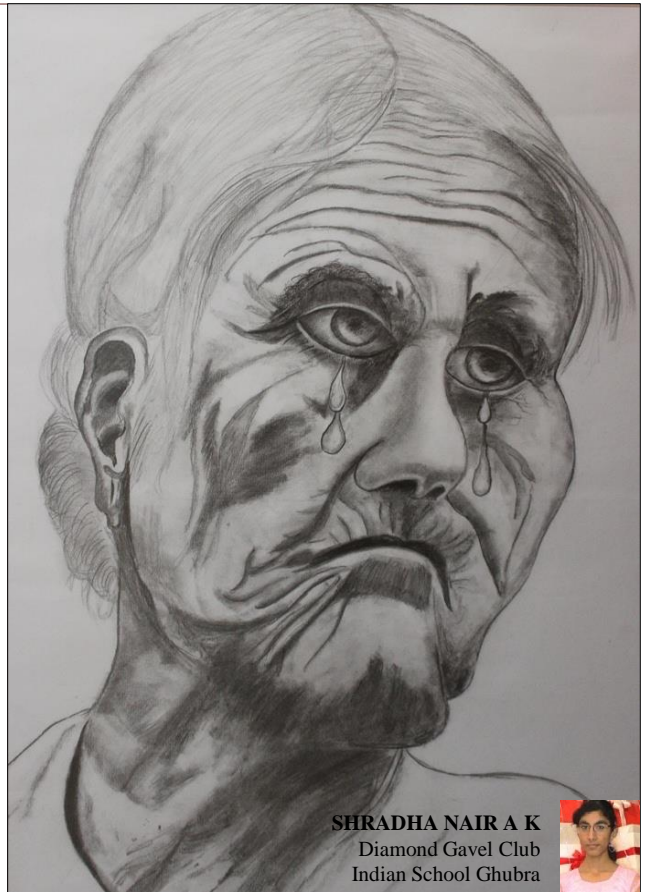
So, what is the end of it? Do not leave parents in old age homes? That is not the conclusion we're looking for. Give your grandparents all the love they deserve. Remember, they are one of the factors to your existence. You will never know how much affection lays in their heart for you, until your children have children. But by that time, it will be too late to prove them their worth.

Communicate, talk. Use those smart phones you possess for something good. Instead of speaking to your best friends you see every single day at school, take your phone dial 0091 dial your 10-digit number and press call. If you are incapable of providing them the love they deserve, they deserve more than you. Love them immensely. As someone said 'on the seventh day god rested. His grandchildren might have been out of town.'

Our grandparents, the elderly: yesterday's youth, today's forgotten and let them know their actual worth before they become tomorrow's corpses.



**Gav. Nandana Sheri**  
KTI Gavel Club



**SHRADHA NAIR A K**  
Diamond Gavel Club  
Indian School Ghubra



BE WITH SOMEONE  
WHO UNDERSTANDS HOW  
RARE  
YOUR LOVE IS.



Jessica Joseph  
Amethyst Club  
ISG Gavel Club

## CHRISTMAS AND NEW YEAR- LETS START FRESH

December is a month we all like because we get a couple of days it's all because of this one day 25th December. Yes you guessed it right because of Christmas. It's a day of happiness joy and family bonding and it has a special place in my heart (because I get wonderful gifts :-))... we get to see beautifully decorated Bell lights and all other home decor items during these festivities. We get to travel and enjoy time with near and dear. However, my heart tugs at some issues has been bothering me of late and i felt like penning them.

Generally for everybody, Christmas brought joy and feeling of togetherness among family members little did I know that Christmas and festivities did not bring all sunshine and rainbows to the hearts of some. This is the Stark reality that struck me recently. Couple of days ago when I went on vacation to the subcontinent, me and my family stayed at four star hotel where we had already checked in online. From the window of the hotel, I could see a lot of hutments which were near the hotel and adjoining shopping malls and high rise buildings. That evening when I was walking with my parents I could see a person walking out the house dressed in rags literally. Then I saw another man who has sitting down wayside dressed even more shabbily and looked distraught. It was haunting me and despite my father warning me, i forced him to ask the man why he was in such misery and was there no work for him??. To this the man got agitated and said it was no business of ours and that the rich looking and happy looking people are more miserable than the poor. He also babbled that he never wanted to be like us and was happy the way he is. We said we are not rich and we are just travellers. Before it got ugly, my dad somehow got us out of there.

I was deeply saddened to say this that for some all the decorations and lights nearby did not mean anything and the depressing saddening reality of our country dawned upon me. The future also didn't look too bright if we did not address this widening gap, the gap between the rich and the poor the gap between happy and unhappy, very urgently.

I and my parents often have discussions over dinner on the current affairs over the news channel. Not that I can do anything about this being young and being so far away from the subcontinent, but it doesn't stop me from thinking like an Indian, like a human. How can some be merry, be lavish, be happy and celebrate when some right under their noses are suffering absolute poverty. How can they not sense resentment building?? I tell you, a storm is coming. Somehow, in my heart, I am now sure that poverty and illiteracy the greatest

Enemies of our country which is eating the country from within. We cannot just close your eyes to this. It's for everyone to see. Condition of the shacks and the people in it and their attitude is telling me that these are the greatest

stumbling blocks in the proper functioning of our country. How can we not see this? If my 12 year old eyes can, I'm sure every other eye and heart can. It is all around us - glaring at us. If not addressed immediately it has the potential to grow to limitless proportion. Our country is not yet "shining" it needs more work.

I read somewhere earlier "Tax collector really loves the poor people. He creates so many of them every day". The tax collectors of yesterday I have become the administrators and leaders of today armed a more deadly weapon- deception and false promises. They have new ways of showing dreams that are not real.

This smokescreen disillusioned the poor, the uneducated, and the ignorant more than anyone else. They fall for these gimmicks and vote. Nothing changes for them. Every year these rulers and those near them become richer and richer and poor who vote for them become poorer. The next generation remains even more ignorant than the previous one and still

remains the vote bank. It's frustrating. The day this changes for good will be the time when our country will really, literally, progress. I don't know why, but I feel sad that I can't do anything for those poor unfortunate souls near that hotel. I feel that I have an unfinished task. A yearning that something is pending to be done....

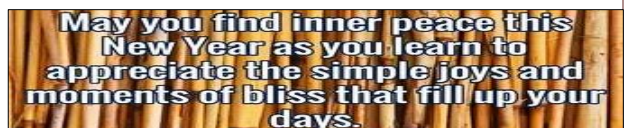
As my New Year resolution I have decided to do what I can.... I have decided to get my parents to donate some amount of money every month to some institutions that educate slum children. What I see in our country has changed my thoughts and reflections. I will do what I can and as much as I can enable the lighting of the mind of the next generation of the shack children through education. I feel this is the solution... Definitely this is the only solution. Change from the grass roots... Open their minds with education.

As someone said "Teach a child to think properly. Thoughts when solidified become his actions, his actions become his habit, his habits become his behavior and behavior defines his personality. If we change the way every child thinks, I think in the next generation our country will see some amount of change which fortunately I feel we will be around to see. As Winston Churchill said **“Christmas is a season not only of rejoicing but of reflection “**

My experience changed my thought and actions. I hope after reading, this yours will change too.



**Gav. Jaideep Ajay Keshav**  
Kennedy Gavel Club  
Indian School Al Seeb





**Merlin Varghese Garnet**  
Indian School Ghubra Gavel Club



**Name- Nandana Vinod**  
**Club- Amthyst Club**  
**ISG Gavel Club**



**Nikhita A. Nair**  
Club: Fire OPAL

## MY SWITZERLAND TOUR

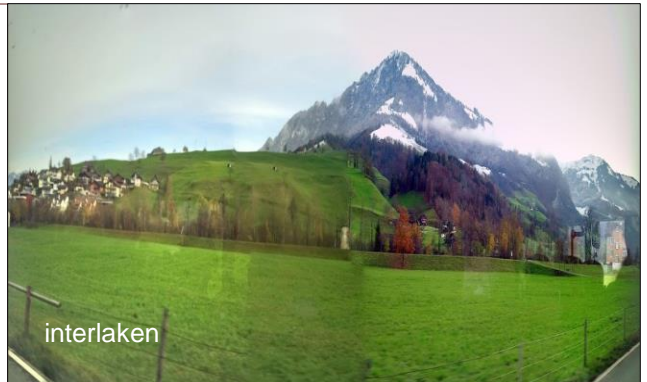
I set out a journey to Switzerland from Paris through Bullet Train. It was enjoyable trip, as I was new to this kind of Nature. While I was passing through. I saw many snow mountains, which I was going to visit. I went to a hotel named Drei Konegei in Luzern. The next day, I left to Mt. Jungfrau the tallest mountain in Europe by bus and climbed the mountain by a clog Train. . I went till the second level of the mountain out of three levels. I made snowballs and threw on everyone. I made a snowman. Later, I visited one place called Interlaken. There was too much greenery. I visited an Indian Restaurant there and ate French-fries and soup to make me warmer. The next day I went to Transport Museum, where I saw how Swiss Chocolates are made. I got free Chocolates to eat. Then, I went to Mt. Titlis. There were many activities to do. The roads were covered with 3metre snow. I saw many trees covered with snow, they were pine trees. I went in a rope way pictured with country flags and then in 360° Panoramic Cable car, which can take 50 people at a time. I saw a Glacier, in which I walked inside. I walked on long suspension bridge, from one peak to other at a height of 10000ft. There were 5 levels in lone building on the top of Mountain. Then of course, I bought three watches exclusive made for Mt. Titlis. Then I came back to Luzern and went to Italy. It was really an unforgettable trip, which will be in my memories for a long time and wish to visit again.



**Gav. Sree parna Simha**  
Indian School Al Seeb



Transport Museum, Luzern



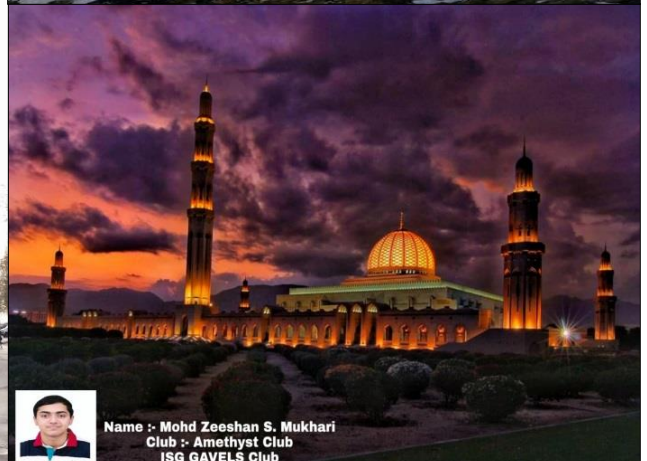
interlaken



Mt. Jungfrau @ 19500ft Top of Europe



Mt. Titlis @ 10000ft



Name :- Mohd Zeeshan S. Mukhari  
Club :- Amethyst Club  
ISG GAVELS Club



## HOW TO USE GOOGLE SEARCH EFFICIENTLY

We have all been using Google Search for a long period of time for a variety of purposes ranging from checking the weather, to searching content for our latest assignments, Google Search has always been our helping hand in this modern world. We all use Google on a day-to-day basis but how many of us know how to use Google efficiently. Using Google efficiently means when you search something in Google, you get the exact content you want without much of a struggle. Here are some tips on using Google or Google Search efficiently

**Use Quotes-** When searching for something specific, try using quotes to minimize the guesswork for Google search. When you put your search parameters in quotes, it tells the search engine to search for the whole phrase. For instance, if you search for Puppy Dog Sweaters, the engine will search for content that contains those three words in any order. However, if you search “Puppy Dog Sweaters”, it will search for that phrase exactly as you typed it. This can help locate specific information that may be buried under other content if not sorted out correctly.

**Use a hyphen to exclude words-** Sometimes you may find yourself searching for a word with an ambiguous meaning. An example is Mustang. When you Google search for Mustang, you may get results for both the car made by Ford or the horse. If you want to cut one out, use the hyphen to tell the engine to ignore content with one of the other, like this Mustang –cars.

**Use the asterisk wildcard-** When you use an asterisk in a search term on Google search, it will leave a placeholder that may be automatically filled by the search engine later. This is a brilliant way to find song lyrics if you don’t know all the words. Let’s look at the syntax: “Come \* right now \* me”

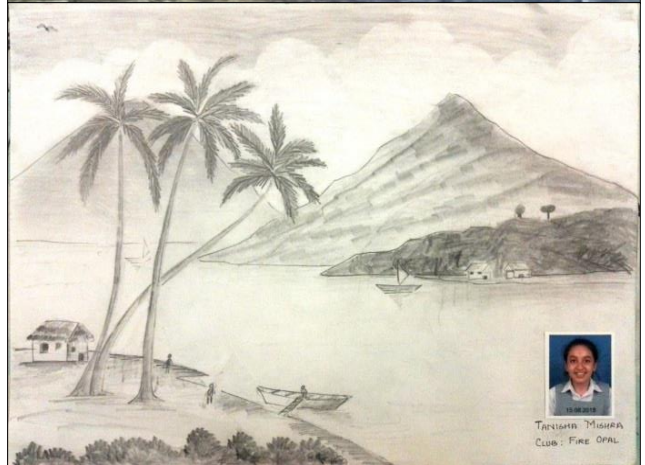
I hope using these tips one can search in Google much effectively than ever.



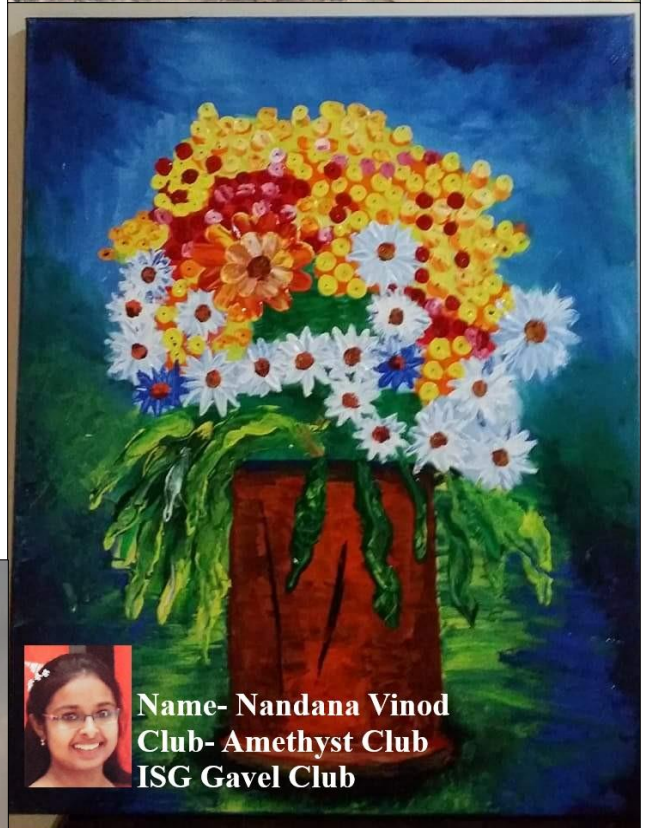
**Gav. Pavan Sundar**  
Skittles Gavel Club  
Indian School Al Wadi Al Kabir



**Nikhita A. Nair**  
Club: Fire Opal



**Tanishka Mishra**  
Club: Fire Opal



**Name- Nandana Vinod**  
Club- Amethyst Club  
ISG Gavel Club

A dream doesn't become reality through magic; it takes sweat, determination and hard work.

Colin Powell

## LIFE FEELS VERY MUCH LIKE A TEST I DIDN'T STUDY FOR

Life feels like a test I didn't study for, but I'm learning that I pass it almost every time, even if it's by the skin of my teeth, and even on the days I don't pass, I survive to try another day. And I think I'm learning to be okay with it. But what matters most is that you don't give up.

Everyone has their good, mediocre and bad days. I mean, what's life without that? Can u imagine a life where you only had good days? Imagine if you got what you want, every time. No struggle. No challenges. No hard work required. Most of you would think "Yes that would be wonderful". The truth? You would be weak! And then, when something hard comes up in your life, you wouldn't know how to handle it, because you have never gone through anything that strengthens you.

And this is exactly why you need bad and mediocre days in life too. Because they help you appreciate the good days as they come and prepare you in case something worse happens.

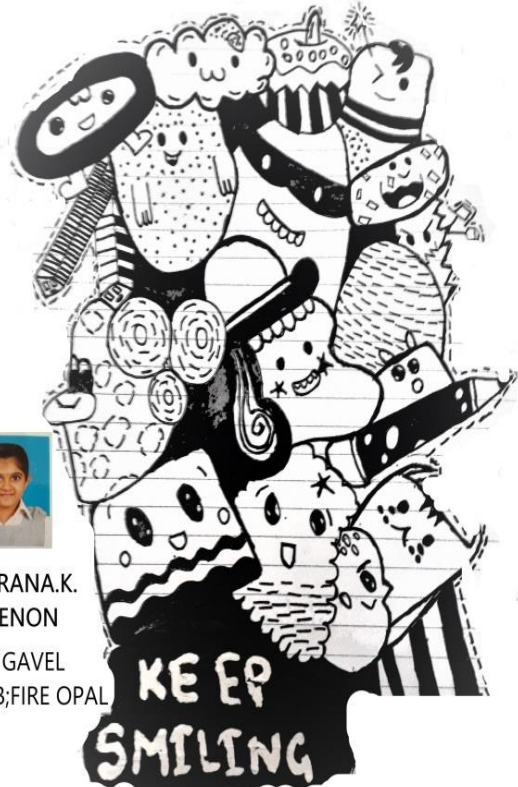
Struggles, challenges and hard times offer you much more value than any other time in your life. You can not grow without struggle. You can not get stronger without resistance. Think about a time in your life that may have been hard, but forced you to become better. This will serve as your motivation to go forward and accomplish greater goals in life.

When things don't always go our way, we have two choices in dealing with the situations. We can focus on the fact that things didn't go how we had hoped they would and let life pass us by, or two, we can make the best out of the situation and know that these are only temporary setbacks and find the lessons that are to be learned.

The title simply means experiences are the real teachers and we cannot prepare for every situation at hand. So let's take life as it comes, we will ace some of it and fail at some of it. But in the end, it's the smiles, learning and progress that matter.



**Gav. Nayan Anil**  
KTI Gavel Club



**PRERANA.K. MENON**  
I.S.G GAVEL CLUB; FIRE OPAL



**Gav. Swetha K. C**  
ISG International Gavel Club

## FOCUS

The most important trait needed in achieving your goals is the ability to focus. The ability to focus will help a person harness his mind and achieve his goal. The first step towards this is to set and fix your goals. Setting goals will give a person very vivid idea on what to achieve and how much work is required to achieve.

We are living in a world where everything is in finger tip and our mind is engaged with a vast range of things. This causes a lot of distraction, leading to loss of focus. It is, therefore, very important to keep our focus steady once a target is set. We should have the will power to see that the target set remains unmoved.

Focusing will enable us to get deep penetration into anything we work with. This will help us to plan, organize and make the correct action plan. The lessons we learn from Gavels club will help us in this process. The confidence we get from the activities in Gavels club will act as the motivating factors.

Success is not based on how much time you put into a work. It depends on own well you use it. It is possible for a person to finish an assignment in an hour, while another may take days. The difference will be the quality time used for the work. Those who execute with full focus and strong will power can achieve the target more perfectly in lesser time.

We have all tools for the success. Use it, practice to do anything with full will power and with strong focus, success will be with you.

Have a good time!!.



**Gav. Rohit.S.Nair**  
Vice President-Education  
KTI Gavels Club



**Gav. Diana Geemon**  
Fire Opel  
Indian School Ghubra

## WHAT MAKES A GOOD STUDENT?

It has to somebody who has keen interest and the desire to learn new things and at the same time not be overconfident or is it a person who behaves very well to the teacher and is smart?

Whatever it is... isn't it not each and every single student's wish to be a good student and so, I would like to discuss on the different perspectives from different people on this topic.

From my perspective about what makes a good student I believe that a student who behaves well in front of everyone and learns his work with interest of his own and not to impress anyone else. A good student must have keen interest in what he/she does and must try to become a better person than yesterday. He/she must never think that he/she is perfect.

An idea popped up in my mind, I thought of asking my grade topper at school about what was his secret to his excellent performance and why is he smart.

He said me "you should try to be yourself and don't pretend to be obedient. Try to be as natural as possible and study very well even if you feel you are fully prepared, there is no harm in revising even the millionth time, when I asked the second topper he said the similar things but he had also said that it is not a secret everyone knows it but a very few follow it" as I was thinking of asking the third topper, then I had realized that I was the third topper.

When asked students others consider as backbenchers on their opinion on good it was a totally different reply from them they said that a good student is a student who spent few minutes on studying and enjoys the pleasure in trying to be a good gangster.

Last but not the least I asked a boy who studies well and gets average marks, what is a perfect student? He said that a perfect student is a student who studies with happiness, who enjoys the taste of knowledge lives a proper punctual enjoyable life.

To conclude what you think as perfection is not what others might think as perfection, for each every single person, perfection is different of a different meaning level.



**Gav. Hari Chandan**  
KTI Gavel Club

## BEAUTY HAS AN ADDRESS- OMAN

Oman is one of the best places to visit in the Middle East. The tourism of Oman has fascinated people from all over the world with her culture and tradition. Tourism plays a vital role in the economic development of this country. Tourism of Oman also helps to employ a large number of skilled and unskilled labors.

The beauty of Oman attracts the tourists. An adventurous ride through the graceful wavy sand dunes inhabited by the Bedouins would be an exhilarating journey. A must visit destination in Oman is the mountains, Jabel Al Akhtar. It is located 150km away from the city and is 2200m above sea level. It has a pleasant climate throughout the year. The look from the top will surely get you goose bumps.

The capital of the Sultanate of Oman is the wonderful city of Muscat. Muscat is gifted with beautiful parks and beaches. The tourists coming to Oman can relax in these lovely areas. The capital is home to the massive, contemporary Sultan Qaboos Grand Mosque, and the old waterfront Muttrah region with a labyrinthine souk and busy fish market. A walk along the corniche, breathing the fresh air and watching the sea will surely remain in everyone's heart.

Another suggestion would be Sur, about 200km away from the magical city. Sur is another city at the outskirts of Oman. Specialty of Sur is that the giant sea turtles from the Arabian Gulf lay eggs in the shores of Ras al Jinz. The turtles can be seen only in early mornings or late nights.



**Gav. Alan Saji**  
Emerald Club  
Indian School Al Ghubra



## SCHOOL, A SECOND HOME

Every morning I wake up to learn something new,  
Something so valuable,  
Something so true.

To learn the right fact,  
Which will help me be in the right track  
Wondering where to gather all the knowledge from,  
A place where I can find information in every form.  
“school”

A place to learn everything necessary,  
To lead a life so extraordinary.  
School makes our childhood memorable,  
Makes us like a perfect gem, so remarkable.  
Not only education but manners too, it teaches.  
Not only formulas but application too, it teaches.  
The opportunity to go to school is a blessing for me.  
Will always be thankful for this opportunity,  
Through all eternity.

‘Second home’ it is referred as,  
It is like anyone you prefer it to be as,  
Caring like a father,  
Teachers we have.  
Loving like a mother,  
Friends we have.  
helpful like a sister,  
books and test we have.  
Lucky are we to be in a place like this,  
This place forever I will miss.  
Every morning I wake up to learn something new,  
To go to this place called ‘school’.



**Gav. Melina Goveas**  
Diamond Club  
Indian School Ghubra

## THE IMPORTANCE OF COLOURS IN OUR LIVES

A famous painter once said, 'Color is a power, which directly influences the soul.' Colors are the magical elements that transform an empty canvas into a beautiful piece of painting.

Colors are the magical elements in a traffic signal that tell us when to move and when to stop.

If a person is asked to define 'color', in simple words, he would definitely not be able to give an acceptable answer. But, color is an omnipresent visual perception, it is found everywhere around us from the earth to the sky.

Colors are even a symbol of festivity and celebration. Be it birthdays, parties, or reunions, no occasion can be celebrated grandly if it was colorless. From balloons to confetti, all decorative accessories come in vivid colors.

Colors also play a significant role in our daily lives. Have you ever imagined what a colorless world would be like? Well, a colorless world would be insignificant, because colors have an immense influence over our lives.

In fact, recent studies show that, colors control our emotions and even have an impact over the way we behave. They are used widely for object recognition and to express our moods.

Each color is believed to represent a particular mood. Red expresses anger and bravery, blue symbolizes calmness and wisdom, green conveys peace and life and yellow expresses optimism and energy.

When these colors are seen and recognized by the eye, it automatically sends signals to the brain, which ultimately affects our emotions and the way we feel.



**Gav. Anandhitha Shaji**  
Diamond Club  
Indian School Al Ghubra

## ORANGES ARE NOT OF YOUR TASTE

An orange can have many faces in the sense of taste. Oranges can be too sweet, too mild or can giving a very tangy taste which is not very pleasant. Same can be compared to an individual life. You never know when sweet times start or to make it sound better when the worst ends. Welcome to the world of oranges!

Oranges can be too sweet. At times you feel like you are going smooth as butter. You forget all other things and enjoy that phrase of life.

Oranges can be too mild. Sometimes you have no work. Your family and friends are busy indulged in vocation. You can pass those times by interpretation.

Oranges can give a very tangy taste which is not very pleasant such as the tragedies either in school/office or outside. Because after every action comes its effect. Good actions have good effects and bad actions have bad effects. Keep an orange isolated and visit it after a week. You will notice that it starts to rot. Same in life, if you don't work hard, you will start to become obese and dull.

Oranges are not of your taste. Our expressions might be of millions after eating an orange. Each phrase of life is to enjoy it. Oranges are not of your taste but you should enjoy it as it is one of the creations.

So, dear oranges, go home, sit down, take an orange and eat it. See it is of which taste and it reminds you of what time. This is another 'ORANGE' challenge from me; which makes you healthy and provides you with orange nutrition.



**Gav. Abdul Basit**  
Garnet Club  
Indian School Al Ghubra



THE ROAD TO SUCCESS  
IS ALWAYS  
UNDER CONSTRUCTION.

## VALUE OF TIME

Can we really put a price tag to “time”? time is “invaluable”, as it cannot be purchased. Neither can it be reversed-time flows in one direction only, like a river.

The fact that time is invaluable can be best described in the famous quote by Marc Levi:

“if you want to know the value of one month, ask a mother who gave birth to a premature baby.

If you want to know value of one hour, ask the lovers waiting to meet.

If you want to know value of one minute, ask the person who just missed a bus.

If you want to know the value of one second, ask the person who just escaped death by a car accident.

If you want to know value of one hundredth of a second, ask the athlete who just lost a gold medal”

It is this one way flow of time that makes it so precious. Thus judicious utilisation of time is the key to success in anyone’s life.

“time and tide wait for none”-it is said people who procrastinate and keep the deliverables pending for the last minute, always gasp for breath to complete their tasks at hand. These are the very people who call themselves “busy” all the time. Yet people who do a systematic work in a disciplined manner, often have enough time to relax as well

Scientific data has shown that an average person sleeps 8 hours a day. This means if he/she lives for 80 years, he/she spends 27 years of his/her lifetime just sleeping! Out of the remaining 16 hours, a maximum of 7 hours are spent for productive work. This is only 24 years of his/her 80 years lifespan. By just an additional 2 hours per day for productive work, he/she can add an additional 7 years of productivity in life.

While its good to row the boat fast down the river, it is also useful to pause for a while to enjoy the ripples of the waves . a break rejuvenates a person and prepares him/her for the next challenge. Let us not just count our months, then we have only 960 months at hand, and that’s too less! Lets make our lives by counting our moments-about 42 million moments to live and cherish.

So live a great life, by managing your time!



**Gav. Kaushiki Guha**  
Emerald Club  
Indian School Al Ghubra

## NATURE - OUR TEACHER

Nature is a marvellous teacher. We learn many valuable lessons from the way it behaves. Life on the earth is very much dependent on plants. Plants were created first, then animals and finally humans. The plant kingdom is engaged in a tireless striving to keep animals and humans living. The desire to help is inbuilt in their creation.

The sacrificial efforts of a rice or wheat plant produces food for us. Throughout its life time, the plant never rests. The plant continuously transports water and nutrients from its roots to its leaves. When the sun shines, starch, protein and various other valuable food items are produced in the green parts of the leaves from water and carbon dioxide and is stored in the seeds. By this process the plants give us the life sustaining oxygen to breathe. This food production goes on till the grains are ripe and the green leaves turn yellow and finally die. The plant never enjoys the food it produces. The life of a plant is a perfect sacrifice, giving food and other necessities for a very needy world. If plants and trees on earth go extinct animals and humans are likely to go extinct too.

This is a perfect example for the cooperation of men and women to learn and practice. This world is our home and all humans are brothers and sisters. In many parts of the world, people live in distress and poverty. It is only through the support from others, can they live in happiness. The unselfish sacrifices we find in nature should be our example and inspiration for mutual concern and cooperation in making this world a happy dwelling place for every soul on the earth.



**Gav. Tabitha Thomas**  
Diamond Club  
Indian School Al Ghubra

## CAN HOBBIES SHAPE OUR CAREERS?

*"In our leisure we reveal what kind of people we are."* – Ovid

From the above quote, you might've guessed the significance of hobbies in shaping our personalities. Yes, hobbies! But, what are they? Hobbies are those activities which we love and do (almost) regularly in our leisure time. For example: reading, baking, singing, playing a sport, watching tv (yes, it is a hobby!), rock-climbing, trekking, etc. Let's probe a little deeper. How is having hobbies going to help us? How could these hobbies help us in shaping our careers? Hobbies are not just fun things which make us happy, they are also activities which train our body and mind in some way or the other. Values and life lessons taught by each kind of hobby differ, and this definitely contributes to our lives by helping us enhance our skills, thus shaping our careers. I present few illustrations in the next section.

Hobbies like reading or public speaking not only help enrich our vocabulary and improvise analytical thinking, but also enhance our writing skills, and get the good, or grey matter working in the brain, thus boosting our memory, creativity and imagination. And to top it all, reading also makes a person more productive! Other activities such as engaging in a sport, rock-climbing or trekking helps us master the art of self-discipline, boosts our self-confidence, helps improve time management, leadership and teamwork. Relaxing hobbies like listening to music help us de-stress and soothe our soul, thus making us happy and healthy. Hobbies like baking improvise organization skills and time management. In general, hobbies could play a significant role in our physical, mental, and emotional development, and thus provide us with a healthy body and mind.

The above-mentioned illustrations clearly highlight and present a strong association amongst our hobbies, related skills, and their possible contributions in shaping our careers.

So, can hobbies help shape our careers? Yes!!!

Wish you all enjoyable time with your hobbies, helping you craft your personalities.



**Gav. Haya Shrivastava**  
Fire Opal Club  
Indian School Ghubra

## GET YOUR HEAD OUT OF REALITY

Is imagination more important than knowledge? No doubt Albert Einstein definitely thought so and said "I'm enough of an artist to draw freely on my imagination, which I think is more important than knowledge. Knowledge is limited. Imagination encircles the world." Imagination is the only thing which takes us away from reality as well as creates reality.

People with imagination are often labeled as someone truly impractical or has his/her head is in the cloud. Most of us might have been cautioned either by our parents or teachers, to 'stop day dreaming, get your head out of the clouds'. It is the worst thing we can do to ourselves to stifle imagination. Imagination is the creativity in action which will enable us to see the same things as everyone else but think something different. It helps our brain and our senses to create an image within our mind. Logic will take us to A to B but imagination will take us everywhere.

Leaving the concept of left brain and right brain, imagination leads to innovation. Creative people consider the sky is not the limit instead, their imagination is the limit. They not only think out of the box they do not consider the box itself. Building our imagination into creativity is necessity now to get good results in whatever we do.

There are various ways to build our imagination and creativity. The easiest way to build our imagination to creativity is SCAMPER, which is Substitute, Combine, Add, Modify, Put to other use, Eliminate and Reverse. We can also improve through reading, daydreaming, socialize, assist, play, ask, create, share and meditate.

Dwell in the world full of imagination where your creativity is not be muted. *"Everything you can imagine is real"*- Pablo Picasso

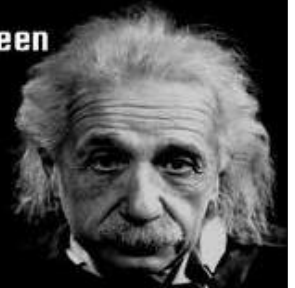
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**Gav. Thana Aysha**  
Fire Opal Club  
Indian School Ghubra

**"The difference between stupidity and genius is that genius has its limits."**

*-Albert Einstein*



## WOES OF A CLASS 10 INDIAN STUDENT!!

Sometimes I wonder how life would be without school. Let me tell you something those wonders are too good to be true. And they are the reasons I get hit on my head at least three times a day.

I am often told by my dear parents that education will one day get you somewhere when you will be able to earn money and live a life of luxury. But on the flip side, can anyone explain to me the innumerable gamers who make a quick buck just by gaming??

Now this brings me to school life and the wondrous fairy tale that parents make of it. We are often told by our parents that schools in their time were like this and like that. Quite literally the worst advice (except whose parents are teachers) because a lot changes in thirty years!! There were no phones thirty years back!!

But then suddenly out of nowhere you pop into Dante's PURGATORY'S SCHOOL version called tenth standard. When you enter you feel you are an indelible part of an Agatha Christie murder scene and your parents and teachers are the authors.

"Today onwards your journey to become great, starts. Ten hours of study time every day." And boom, out of nowhere you hear a voice, "Welcome to purgatory."

However, the most annoying thing is that relatives that you have never even heard of, suddenly take an interest in your lives. They want to know every teeny-weeny detail of your academic performance and give you tons of advice that they would definitely not have followed themselves.

Having said this, there are a few good people who truly understand your state of mind and do everything within and beyond themselves, to help you. These include parents, friends, teachers, and a few other well-wishers. We don't know why but everyone thinks that all we

should do is study. What are we? Humans or Rajni Kanth.

Then comes the universal advice that each and every one you meet gives you, and that is, drumroll.....Study well. If you were expecting anything else like "Have fun" or "Play on your phone", you are seriously mistaken. You don't have the privilege to hear that. Just study – that's all you've got to be doing!!

Well, in the end we realize that this is all just a phase and one day, one day, it will be our turn to dole out advice! So, my partners in misery (fellow tenths and twelfths), don't worry. Soon it will be our turn and then all we will say is, "Study." This is what is meant by the vicious circle of life, I suppose!

On hindsight, I sincerely feel that parents should not force their children to study. Give them a direction, yes. But don't force. It is like reverse psychology. If you tell a child don't eat chocolate that child will definitely eat it. But if you tell him or her to eat it but in limited quantities or make a game out of it, studies show that the child is more willing to comply. So, here is a 'dumb' kid who is on the threshold of plunging into the quicksand of Board exams, sharing his travails with you. Time to sign out! OVER AND OUT.



**Gav. Suyog S. Bhat**  
Emerald Club  
Indian School Al Ghubra



## THINK LIKE A TREE

- Soak up the sun*
- Affirm life's magic*
- Be graceful in the wind*
- Stand tall after a storm*
- Feel refreshed after it rains*
- Grow strong without notice*
- Be prepared for each season*
- Provide shelter to strangers*
- Hang tough through a cold spell*
- Emerge renewed at the first signs of spring*
- Stay deeply rooted while reaching for the sky*
- Be still long enough to*
- Hear your own leaf rustling.*



**Gav. Meethi Sharma**  
ISG International Gavel Club





## STRESS RELIEF

Being a 10<sup>th</sup> grader who is going to appear for board exams, Stress has become a very common word.

What is Stress?

It is the body's way to respond to a demand.

It could be good or bad but most of us always use it in a negative context.

It has become a very common phenomenon In our generation. There are various reasons for this.

It could be due to work, studies, family problems or sometimes even due to personal situations.

If we don't remove this stress and allow it to accumulate, it would cause a lot of trouble, anxiety or could even lead to serious mental or physical health problems. Therefore, it is very important for everyone to overcome stress.

There are countless ways of doing this such as exercising, swimming, listening to music, dancing, cooking, etc. The list would just go on and on.

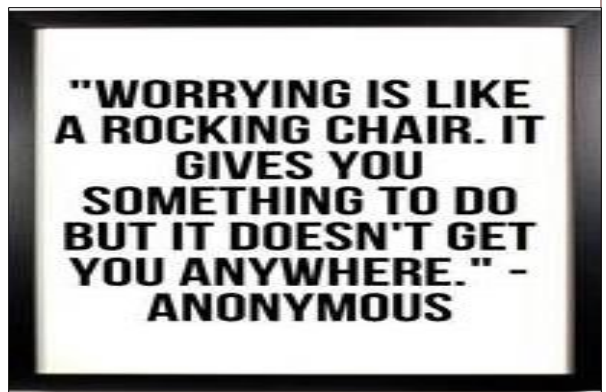
My way of releasing Stress is by listening to music. It helps me bring inner peace, rejuvenates my mind, and my body. But most importantly, it makes me feel extremely jovial and cheerful.

All of us have our own ways of relieving stress. Not reducing stress can lead to frustration and sometimes to depression. It could happen in many spheres or phases of our life.

Overcoming Stress helps to inculcate positive vibes and open wide horizons. Stress is not about what you feel, it is rather, about how you tackle it.



**Gav. Aaroahi Kumta**  
Diamond Club  
Indian School Al Ghubra



## EMBRACE POSITIVITY THE POWER OF POSITIVITY MAKES EVERYTHING PERFECT

Blessed are those who are naturally positive. They always see the glass half full and know that things happen for a reason. Instead of being sympathetic towards their situation, they feel positive about everything they experience in their day- to- day life. But for those who find it hard to be always happy in their lives, embracing positivity should then be a habit that needs to be adopted.

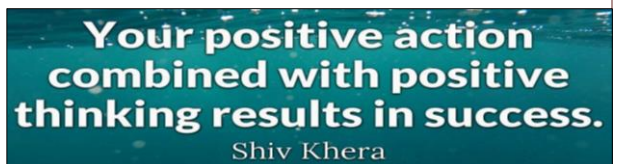
Believe in faith, hope, love, peace and pain. When you believe in these, you will believe in 'life.' When you believe in life, you become positive. Darkness cannot drive out darkness only light can do that. Similarly, negativity cannot drive out negativity; only positivity can do that. When you are positive, those around you will also feel positive just like the way a candle gives light in the dark. That is the power of being positive.

To be positive you must....Stay inspired as everyday inspiration can turn things around in an unimaginable way. Be thankful as it's not always about counting the things you need but about counting on the blessings showered upon you. Hold trust as the more you show trust, the more you get. Last, but not the least, Go Back to Your Roots.....

ALWAYS STAY ROOTED TO WHAT MAKES YOU SMILE....THAT IS THE SECRET OF POSITIVITY.



**Gav. Nandana Vinod**  
Amethyst Club  
Indian School Ghubra



## “SOMETIMES LIFE CAN HIT YOU IN THE HEAD WITH A BRICK DON’T LOSE FAITH”

These words were said by the famous visionary and inventor Steve Jobs. It teaches us all to never give up in life even if circumstances are not in our favor.

Steve Jobs’ own life was full of adversity. Not many people know that he grew up in a foster family with limited means. He was an exceptionally talented child but was a misfit at school and also ended up a college dropout. Yet, he went on to become the greatest inventor of the century by inventing things like the iPad and the iPhone which have touched so many lives.

We should continuously challenge ourselves and never give up. There is always a way to crawl back from the deepest hole. We should continue to believe in ourselves and keep working hard. Steve Jobs is perhaps one of the few people who got fired from his own company at the peak of his career. He was already rich at that time and could have just sat back thereafter. However, he refused to lose faith and came out stronger than ever by founding another great company, PIXAR, the creator of Toy Story and Cars.

When asked what kept him going during the difficult phase, he replied, “I loved what I did”. We all need to find what we love to do. He said “Stay Hungry stay foolish”. Hungry for achieving more in life and foolish to attempt things that others find impossible.

Life will always be full of rain and sunshine, ups and down, successes and failure but the one who vanquishes it all is the one who is passionate and believes in the words “Sometimes life can hit you in the head with a brick, don’t lose faith” People who are successful are not different, they just think differently.



**Gav. Rehan Agrawal**  
Diamond Club  
Indian School Al Ghubra



## MY JOURNEY TO SPACE

*I sat in my spaceship,  
With my friend who was a pimp.  
We were moving with great speed,  
It was remarkable indeed.  
To explore the adventurous space.  
There were so many stars,  
And the blood red mars.  
Let’s not forget the burning hot sun,  
Because of which I had to eat fried bun.  
It was extremely hot indeed.  
The chilling air of the A.C whistled through the cracks,  
So, I carried a bunch of tape stacks.  
The space was full of darkness,  
And not a single sign of happiness.  
Known to the spaceship.  
I went out of the Milky Way,  
It was very far away.*

*There were so many unknown galaxies,  
And not a single known planet,  
It was much unknown indeed.  
We were faster than light,  
No one could stop us with might.  
Everything was flying including my face cream,  
Then I woke up, it was only a dream.*



**Gav. Aryan Saraogi**  
ISG International Gavel Club



“THERE IS NO SUBSTITUTE FOR HARD WORK.”  
-- THOMAS EDISON

## HOW CAN I MAKE THE WORLD A BETTER PLACE

Mahatma Gandhi once said *'Be the change you want to see in the world'*. He was a great man, and understood the best way to effect change and improvement.

Today's world is full of people trying to get by. Greed, jealousy and suspicion are common feelings even amongst friends. Selflessness is rare, while whole hearted devotion is virtually non-existent.

However, the main thing lacking in today's world of high tech machinery and gadgets is imagination. Dreaming about fantastical beasts, magical lands, or kings and queens of a bygone age is something children never do anymore. These wonderfully carefree times are not the only thing our lack of imagination is depriving us of, though. The ability of imagining oneself in the other person's shoes, and of seeing something from the other's point of view, could prevent so much suffering.

Some might say: if only we had more time, we could do all of this! The fact is, time has to be made from the limited hours we have at our disposal. When people were able to look across the sea and visualise new lands on the far-off shore, or stare at the stars and watch constellations appear, the day still had only twenty-four hours.

It saddens me to think that imagination, which is one of the qualities that distinguishes humans from animals, is dying out. The world would be a much more peaceful, safe, secure and happy place if we had less suspicion of each other and a larger capacity to empathize, and to dream of achieving brilliant new things. After all, success begins with a dream. As Dr Abdul Kalam said,

*'Dream, dream, dream...Dreams transform into thoughts, and thoughts result in action.'*

The difference between mediocrity and greatness is that great minds are capable of imagining, experimenting and creating. Nelson Mandela imagined a peaceful, happy South Africa where nobody would feel threatened or afraid. Once he had this vision, all he had to do was work towards it. Isaac Newton is known as the father of physics. How, though, did he stumble upon the law of gravity? He was simply idling beneath a tree when he saw an apple fall down. The problem of the modern age is that people never spend time just relaxing and musing about why things are the way they are. It is our duty to cultivate creativity and a keen imagination in young minds. There are many problems faced by our world: global warming, strife amongst different peoples, the energy crisis etc. The new generation with its imagination, creativity, humanity and zeal for life is the key to a bright future.

The person who can imagine with a thoughtful and sensitive conscience will not mindlessly throw litter on the street, hunt for sport, or try to grab someone else's property; rather, he will try to come up with ideas for the betterment of the entire planet- and that is the kind of man the world needs today.



**Gav. Aidaphi Uppal**  
ISG International Gavel Club

**IT'S IN YOUR HANDS TO  
MAKE THE WORLD A  
BETTER PLACE**

NELSON MANDELA

## ALL THAT GLITTERS IS NOT GOLD

This proverb was originally used in William Shakespeare's play, *'The Merchant of Venice'* and had the word glistens instead of glitters known for its value and its shine that makes this metal all the more attractive and valuable.

There are umpteen things which score high on their physical appearance but have poor intrinsic values. The proposition of gold and glitters can't be apt in all the situations. Looks may be deceptive and this is where the proverb finds its context.

Since times immemorial, physical appearances have found an important place in our lives. This can be sensed in the work of poets, musicians and artists of all the time. Even in today's world, the physical appearances have become paramount. The choice one makes is guided by the face value of the things and people.

People are judged on the basis of their looks and dressing style. Virtues have taken a back seat. Undoubtedly, it is our physical appearance that makes us different from others and provides us an identity. But at the same time, it is our character and inner beauty that plays an important role in helping an individual to create an identity of his own.

A person is ought to be judged on the basis of his and abilities. In no way the abilities and physical appearance can be proportional to each other. Gold cannot replace copper and vice versa. Each individual is unique and is blessed with his own sets of abilities and talents. We need to value and respect the individuals for the same.



**Gav. Sneha Singh**  
ISG International Gavel Club

## VANISHING VALUES

In today's world everybody is busy with their own problems, we are all on a race to earn more and more money, and there is no place for feelings, values or emotions. Everything is about business, profit and money. The whole world is limited in these three words. People talk and think only about becoming successful all they need is to get good grades, qualify from universities, get a highly paid job and earn money as much as possible. Instead of enjoying the beautiful moments of our lives, if we keep earning money...at the end it will all be a waste. In fact money has zero value when compared to the value of human feelings. Money can't buy us love or feelings and these are the most essential part of human life so ultimately money is just a mode for trade created by man.

Every human action becomes dangerous when it is deprived of human feelings when they are performed with feelings and human values all activities become constructive or else they are all destructive. Nowadays we humans have become so inconsiderate that even if there is a crime happening right in front of our eyes we don't make any attempt to help the victim instead we stand still watching or people even record videos of such incidents and upload it on social media.

Today as we look around we will find that there is an increase in number of orphanages and old age homes in many places, actually these are places made for people who have lost their relatives due to natural calamities etc... But nowadays the scenario is different.... There are so many people who leave their parents at old age homes ones they become old as they consider their parents as a burden. When doing so, nobody is concerned about the pain every parent takes to support

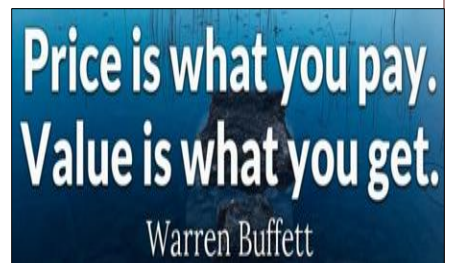
their children grow, they do a lot of sacrifices but the ultimate result is very upsetting. At one time it was very common that some parents abandoned their children just because it's a girl child.. All these stereotypical thoughts exist because of the decline of values.

Man's greed and selfishness has made everything in this world as money, everything has a price tag. It is a quite disheartening condition. The divine values of compassion, love, sympathy, helpfulness etc., are slowly vanishing from this world. It is time that people start realizing this fact and take up the responsibility to restore these values back into the world. It may seem as challenge, however if a few take the initiative thousands will follow.

There are people waiting for this to happen. Let's not forget the world will be a market, if humans don't stop thinking only about money and forgetting human values. The value of love is much higher than the value of money. Our motive must be to live a simple life without forgetting the values that we as humans should possess, love everybody as long as you are alive and try to bring a smile on someone's face. If we spread the human values that we have in us then we can make the world a beautiful place to live in.



**Gav. Bavisha Pankaj**  
ISG International Gavel Club

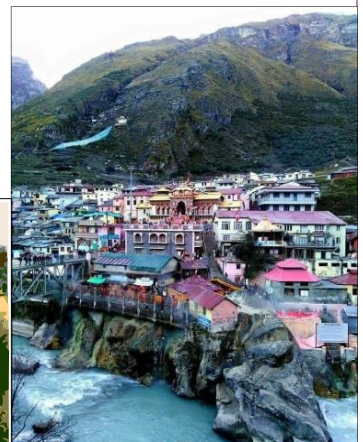


## NATURE

*Open the doors of nature ....  
You'll see trees which give shade,  
Nests which the birds made,  
Flowers which bloom every season,  
Enjoy its beauty without any reason,  
Sun shines up in the sky  
Butterflies flutter very high  
Animals, plants and living creatures  
Nature has many more features  
Honey bees buzz and suck nectar  
They will all make you happy and feel better  
Birds are chirping, winds are blowing  
Owls are hooting and snakes are hissing  
Don't harm them and be caring*

*A blessing from god, try to save it  
Pledge to protect and love it.*

**Gav. Veeksha Saklani**  
Milton Club  
Indian School Muscat



## I AM A DREAMER

**Are you thinking it is too late to chase your dream? To the ones who still believe in dreams. Chase them! Chase them until you are out of breath. Then, keep running.**

**Great leaders achieved their dreams because they believed in themselves.**

Others definitely tried to influence them and dissuade them from pursuing their aspirations but they were successful because they kept the dream alive, they continued chasing dreams.

We all have dreams, thoughts on things we want to do or have in life. Most of us reflect on them often, imagining and wishing they could become reality. Start working toward your dream today, don't be a dream killer.

The following incident made me realize to chase the dream no matter what comes in my way. I always had a dream to be a leader and I got an opportunity to do it. The upcoming Vice-Captain election for my house made me ambitious and run for election. Unfortunately, I lost the election for the first time and I was shattered. I could not accomplish my dream and I had given up. My loved ones made me realize that failure is what leads to success. I rose from my failure and stood for election for the following year and won the elections consecutively for 2 years.

A lot of us put off our dreams, the things we want to achieve most until that fateful "someday"

We tell ourselves the time isn't right to change how I'm living and chase my dream. Five years go by; the voice in your head continues to rattle off the reasons not to start chasing dreams. Those reasons then grow into the belief that "it's too late to pursue your dream" and then that dream dies. Left to be filed under "what if" buried in regret.

You have to be courageous to make your dream happen. It is going to take some valor to do what you really want. Many of us often ignore the potential and talents within us. The fear of shining brightly is often much bigger than the fear of failing. Leave your ego at the doorstep and go for your dreams. Believe in yourself. Set a goal for yourself. **"Life is hard at times. But when we overcome more challenges, we become much stronger then"**. Every morning you have two choices. To continue to sleep with your dreams or to wake up and chase them. Well ! I chose to wake up and make them it a reality. Dream a better dream, and work to make it real. **"Winners never quit and quitters never win. Keep chasing your dreams"**.



**Gav. Anaum Akthar**  
Keats Club  
Indian School Muscat

## POLLUTION-THE THREAT TO HUMAN RACE

Pollution is like the new atom bomb to human race but just more powerful. It acts slowly but lasts for a long time affecting people all over the world. Pollution is the disturbance of the natural cycle by infiltrating it with wastes that harm the environment.

We humans consider ourselves to be intelligent but are one of the most foolish species on this planet. We are killing off our own species. We are polluting every kind of natural resource on this planet; air, water and land. We are or even polluting the silence with noise. This is not good for any of the living organisms in this world. Greenhouse gasses chlorofluorocarbons will all destroy the quality of the air we breathe. They trap heat and make the earth inhabitable for us humans. If all these resources are polluted every organism will eventually die out.

To stop this, we must start right away. Let's reduce the use of vehicles for short distance travels and start riding bikes. Start raising awareness because people need to know about this. Reduce used of refreshers and other aerosols as they have harmful gasses present in them.

This is one of the simplest solution to reduce pollution; so let's act fast.



**Gav. Mannish Kannaa**  
ISG International Gavel Club



## LISTENING TO YOURSELF

We often hear the phrase, “listen to others”. But what if someone told you, “listen to yourself”? In a world where listening to good/bad comments of others has become quite common, most of us silence our inner voice, and don’t go with our gut feeling. However, this shouldn’t always be the case. Everyone has the right to express and speak for oneself, especially when it comes to one’s dreams. It is never an incorrect decision for anyone to chase one’s dreams, irrespective of the number of challenges one might have to face.

I strongly believe that the world’s most successful people are those who followed their inner voice passionately, and were determined to achieve their dreams. These are the people who challenged conventional thoughts, channelized their efforts based on hard work and determination, and could craft their lives successfully.

Why not make our generation unique? A generation comprising determined, focused and daring people. People who constantly strive to do their best and listen to their inner voices. I wonder if you’ve read this quote by John A. Shedd, “A ship in harbor is safe; but that is

not what ships are built for.” This quote is what a champion’s mind thinks; all the time. No matter what, listening to oneself is not common. But why? Well, if everyone listened to oneself, had a strong sense of self-confidence, and followed one’s dreams, this world would become heaven, shaped by the presence of successful, happy souls.

Hard work, patience, dedication, confidence, belief and the power of inner voice altogether makes one happy and successful. So, let’s make a promise to listen to our inner voices, and follow them passionately. However, it reminds me; time is also quite important! Going with the gut feeling is good, but might require true guidance from the experienced people around us.

What time is it? It’s time to be different by listening to yourselves!



**Gav. Haya Shrivastava**  
Fire Opal Club  
ISG GAVEL CLUB

## A PIECE OF CHOCOLATE IN PEACE

You will be doing it slowly,  
Opening the wrapper carefully.  
Breaking off a piece wistfully,  
Taking a look at it admiringly.  
“Dark chocolate” it says,  
Appears a smile on your face.

The first bite - You will be in rage,  
But wait for the bitterness, would change.  
Sweetness grabs onto your mind,  
Taking you to a place - only in dreams you will find.  
There it goes behind your finger- straight down,  
Just lingering to be found.  
You race against time,  
To lick it - well and fine.

After all’s over, you will glad,  
As you begin to get memories of being a young lad.

You had it all-“Money, Awards and Fame”,  
But you now realize all those credits were lame.  
You regret not taking those calls,  
Even after knowing they will be the only ones there -  
after all.

Now back here- At the bed of death,  
You feel, “If I could have a little life left.”

Even the smoothest chocolates effect had gone,  
Along with that came back the old frown.

After all said and done with the advocate,  
With your grand will, you write few peoples fate.  
Tears run down their cheeks,  
Like broken taps leak.

Reaching heaven you pass a message,  
To the people running in the money - fame passage.  
Remember, Family should always be the first for you,  
As they will be the only ones there for you.

Do not worry-You did one thing at least,  
After all these years- You had a piece of chocolate in  
peace.



**Gav. Lakshmi Rajeev Menon**  
Emerald Club  
ISG GAVEL CLUB



## BARRIERS

They're there to be broken  
 Meant for testing  
 Not ones that easily cracken  
 But for what we come out of resting  
 Crumple, push, play around with us  
 Sometimes, it all gets a little too much

We might feel that all is lost  
 We don't realize the fog clears up  
 It may not always cost  
 Perhaps it's just a bump  
 Though not to be taken light  
 It might send you off your track  
 Cut off all your connections  
 But after a hurricane, comes a rainbow

When you're tired of living life  
 Cause of all the trouble  
 Remember this thing  
 What might seem like a mountain  
 Might just be the shadow of a small tree  
 Think effectively and don't be  
 A missile without a target  
 Why move a hill  
 When you could cut through it?

When dreams are ripped apart  
 By these blades  
 Don't give up just yet  
 The blades might be made of diamond  
 Find the rose between thorns  
 Find the ray between clouds  
 Find a goal in a hopeless life  
 Give your life purpose  
 Purpose will give you a better life



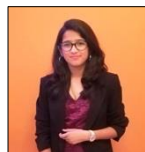
**Gav. Soham Sameer Raniga**  
 Diamond Club  
 Indian School Ghubra



**Success consists of going from failure to failure without loss of enthusiasm.**  
 - Winston Churchill

## LIFE, AN ENDLESS STAIRCASE!

Life is an endless staircase,  
 With Problems at every phase.  
 But there's still more to walk,  
 At every step people will mock.  
 But you my dear,  
 Can fight every fear.  
 Don't give up, keep moving.  
 Don't stop, keep flying.  
 Problems will never end.  
 So, you have to keep on finding solutions, my friend.  
 Just like an endless staircase,  
 You will fear falling down at every phase.  
 Look back n fear pulls u down,  
 But you've climbed too much to give up now.  
 Yes, you'd go through a lot of sadness,  
 But it will surely be worth happiness  
 You receive at the end.  
 Worth all the troubles life could lend.  
 The experience of the wind of success,  
 The joy of reaching the end of the process.  
 Seeing the beauty of life from the peak,  
 The peak of happiness, you seek.  
 The beauty cannot be described,  
 The result of everything you have thrived.  
 Things might get hard and rough,  
 And fighting them might be tough.  
 But you have the power,  
 To instantly turn a bud into a flower.  
 To achieve the highest of peaks,  
 To make true all our dreams.  
 Believe in your strength,  
 Believe in your capability.  
 Keep your soul clean and healthy,  
 Solutions, your kindness will find you many.  
 Be true, be faithful.  
 Be kind, be helpful.  
 Your quality of mercy will find,  
 The most beautiful destiny designed.  
 Remember, life is an endless staircase,  
 With problems at every phase.



**Gav. Melina Goveas**  
 Diamond Club  
 Indian School Ghubra

**Bravery Is Not The  
 Absence Of Fear... Peace  
 Is The Absence Of Fear**

## WHAT IS LIFE

Life. What is life?  
 What is hidden in these four letters?  
 Is it a journey full of questions? Or is it a journey without answers?  
 Is it satisfaction? Or is it regret?  
 Is it happiness, sorrow, love or is it simply a journey?

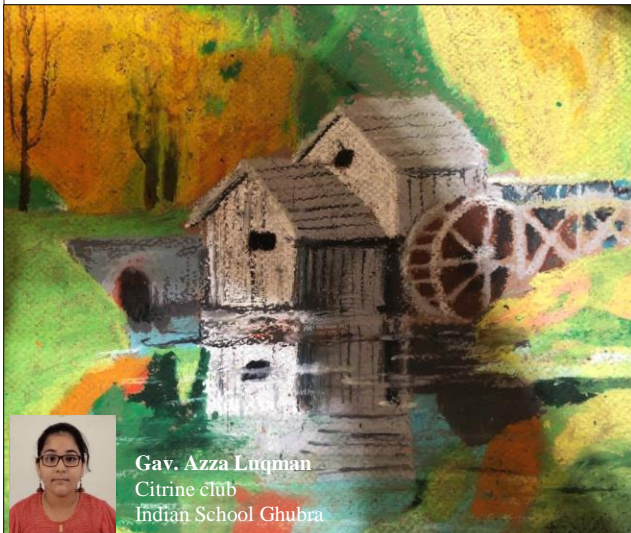
Is it failure and success? Is it joy and sorrow?  
 Is it a problem to be solved? Or is it a reality to be experienced?  
 Or is it none of this at all?  
 Then what is life?

Is it simply doing what you love? Is it enjoying each passing moment?  
 Or is it merely the act of breathing?  
 Fourteen years and yet each day I wonder what life really is.  
 I wonder if it is only me or if it is a question in everyone's mind.  
 We've all heard synonyms for life yet none of us have found the true hidden meaning within this word.

Maybe I'll never know what life is. Maybe I'll just enjoy it as it comes.  
 Maybe it was meant to be unanswered so I'll keep it that way.  
 But that still won't stop me from wondering  
 What is life?



**Gav. Kshama SM**  
 Diamond club  
 Indian School Ghubra



**Gav. Azza Luqman**  
 Citrine club  
 Indian School Ghubra

## THEY SAY IT ALL

Aim for the moon they say,  
 Expecting us to land among the stars,  
 Keep your feet on the ground they say,  
 And yet they expect us to reach till Mars?

Take the road less travelled by they say,  
 Indicating us to be the extraordinary  
 Try to be like the others they say ,  
 Expecting us to fit in the ordinary ?

I Listened to all they they've said ,  
 Tried for the moon, fell way below the stars,  
 Tried to keep my feet on the ground, but couldn't find a tread,  
 And Too confused to reach Mars.

I took the road less travelled by,  
 Failed miserably and came back,  
 Tried to fit back into the ordinary,  
 But they failed to accept me.

You are a disappointment, they said  
 You can do better, brain said  
 Don't give up , heart said  
 I can do it, I said

I overcame each obstacle,  
 Didn't hear what they said.  
 Made my own journey,  
 Cried and laughed on the way.  
 Met supporters not savers,  
 Attained my objective.  
 She has it all, now they say.  
 No one talks about the struggles and failures.  
 People say what they say.  
 Don't let them bring you down,  
 I believe in what I say.  
 I believe in me.



**Gav. Somalika Chhabra**  
 Diamond Club  
 Indian School Ghubra

First, *think*.  
 Second, *believe*.  
 Third, *dream*.  
 And finally, *do*.  
 Walt Disney



## VITAMIN N (N FOR NO)

A couple had a child after many years of longing. They wanted their son to be happy always, they gave him everything he desired, they never said 'No' to anything he asked. The boy grew as a stubborn and moody boy. One day the boy saw a unique car being exhibited and got fascinated with it. He demanded his father to buy it for him. The father said "My Son, you are just ten years. Let's wait till you are 18". The boy was very upset and depressed. The parents couldn't see their son in that state. So, they bought that car for him. The boy couldn't sleep that night as he wanted to have a ride in his new car. Little did the boy know that the car was a teleporting machine. As soon as he jumped into the car, he pressed the 'H' button and that very moment he found himself in a hospital. A specialist doctor saw the boy and enquired about his whereabouts. On hearing the boy, the doctor informed the parents and called them to the hospital. The doctor heard the parents and told them "I understand your love towards your son however love doesn't mean that you need to give whatever your son asked for. If you don't give vitamin N (say No) to your son, he will not be able to cope with his life later. Do you want to see your son as a loser?" he asked them. The parents were shocked to hear that their love was spoiling their son. The parents started to give vitamin N to their son with a heavy heart. Initially the son cried, screamed and rolled on the floor but slowly he understood the fact that he can't get whatever he asked for. This helped him in facing challenges of school life. Every time he faced failures, he made a second attempt. He became a polite and kind-hearted boy. The parents were happy to see this change in their son. They thanked the doctor who came as an angel at the right time.



**Gav. Jia B D'souza**  
Garnet Club  
Indian School Ghubra



**“IF YOU REALLY WANT TO DO SOMETHING, YOU WILL FIND A WAY. IF YOU DON'T, YOU'LL FIND AN EXCUSE.”**  
JIM ROHN

## A SUCCESSFUL LIFE

Life is not a bed of roses, nor a bed of thorns, it's a bed of roses filled with thorns. Every person wants success in his / her life. The person who ever wants success should have goals and to success those goals we should hard work. We should be dedicated and discipline in our life to reach our target. Success cannot be accomplished if one cannot take advice and learn from somebody else's mistakes. The road to success is and the road to failure are almost exactly the same. Opportunities in one person's life won't happen we should create them.

If we take Stephen William Hawking's life as an example, he was an English theoretical physicist, Cosmologist and author who was director of research at the centre for Theoretical Cosmology at the university of Cambridge. Hawking had a rare-early onset slow progressing form of motor neurone disease. He battled with that disease and he was well known for ground breaking work in physics and cosmology. Over the years he wrote total 15 books. As he end up with Parkinson's disease his physical control over his body diminished, he'd be forced to use wheel chair but he wasn't worry or depressed and gave up in life. Over time he was a vigorous supporter of the many worlds interpretation of quantum mechanics. From his life we can learn so much, like how to overcome problems of life and be successful in our lives.

With this I conclude that 'Success' is about getting all that you wanted to have. It's finding that you have achieved your goals or fulfilled your plans. The feeling that success brings will make us walk proudly with our head up high. While being happy and satisfied life is full of challenges and opportunities, but only for those who actually struggle to grab the opportunities and overcome the challenges. Hard work and dedication are the only Mantra in the journey of Success.



**Gav. B. Raj Kumar**  
G. B. Shaw Gavel Club  
Indian School Muscat

## GRATITUDE

In our fast-moving world, we often hear our elders say the magic words are missing. What are the magic words? Have we paused to think .**Please, Sorry and Thank you** are the magic words. I would like to try to focus on the magic word **Thank you** which has brought a change in me since I started practicing it.

We take everything for granted in lives that we have never ever paused to thank anyone, be it our parents, teachers, friends, well-wishers or anyone for anything that they do for us. We feel its their responsibility to do it or we hardly notice their actions as we are deeply bent in our own world of thoughts and dreams and actions. We are building a grumpy world like the giant in the story of the Selfish Giant by Oscar Wilde. I would like to focus on what gratitude or being thankful means and how we can bring spring into our lives and lives of all who are around us and all whom we meet. Gratitude is one of many positive emotions. It's about focusing on what's good in our lives and being thankful for the things we have. We can use a lot of words to describe, feelings of gratitude: we might say we feel thankful, lucky, fortunate, humbled or blessed.

Gratitude is pausing to notice and appreciate the things we often take for granted, like having to live in, food to eat, clean water to drink, friends to be with us at all times, family to stay with, a home to stay, school to study and play and grow and even our books, clothes, toys, etc. Its taking a moment to reflect on how fortunate we are when something good happens - whether it's a small thing or a big thing. But we may wonder, why should we be grateful? Inculcating the habit of gratitude can be good for us. Like other positive emotions, feeling grateful on a regular basis can have a big effect in our lives. Brain research shows that positive emotions are good for our body, mind and brain.

Positive emotion open us to more possibilities. They boost our ability to learn and make good decisions. Positive emotions balance out negative emotions. People who often feel grateful and appreciative are happier, less stressed and less depressed. Gratitude takes a U-turn and does not allow us to complain or think about what we don't have. One positive emotion often leads to another. When we feel grateful, we might also feel happy, calm , joyful or loving. Gratitude can lead to a chain of positive actions. When we feel grateful for someone's kindness towards us, we may be more likely to do a kind act in return. Your gratitude can also have a positive effect on someone else's actions. Thanking people can make it more likely they will also do an act of kindness again. Gratitude helps us build better relationships. When we feel and express heartfelt gratitude and appreciation to people in our lives it creates loving bonds, builds trust and helps you feel closer, accepted and loved.

When we begin to make gratitude a habit we begin to be more aware of good things as they happen. We begin to notice that these feelings happen spontaneously and spread joy everywhere. We also can evoke a sense of gratitude by deliberately counting our blessings. We can start by trying to start counting our blessings just by paying attention to the small things that we are glad to have in our life. Slow down and notice what's around you. For example; wow! the sky is so beautiful today. What an incredible place we live in! or just try to think of the efforts put in by our parents ,teachers, friends or even a stranger it was so nice of her to help us do our work to see a smile on our face. Let's begin to notice the smile on our parents face to day when we thank them for the chocolate that they gave us or our teacher for correcting us or our friend for sharing their toys or food or books. We can see that our smile and thank you brings a smile on their faces and makes them happy. In turn both, we and they take this smile to all whom we meet and the infection of smile is spread all around, which makes the world a happier place to be in. This also mean it would reduce or slowly remove diseases caused due to stress. Noticing the things you are grateful for is just a first step in building a gratitude habit, we can try other things too, like taking the time to thank people by writing a note or even walking to them or pausing to appreciate a star filled sky or even sharing our things with those who can't afford it or spending our time with our family rather than getting lost into the emotionless world of gadgets or a friend who finds it difficult to study. Numerous are the possibilities of being grateful around us. All it takes is a second to notice ,open our hearts and be thankful to God and reciprocate .Lets begin to chirp, sing and dance like the birds and kids in the story of the Selfish Giant where winter of grumpiness never came back again.

Gaveliers, I would like to conclude with a quote "*gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for*". Thank you!



**Gav. Allena Maria Vinod**  
R K Lakshman Club  
Indian School Muscat

**"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."**  
— Oprah Winfrey

## SAVE..... SAVE..... SAVE...

**Save the Earth.... Save the Trees. Save the animals.. Save the Environment.... Save.... Save...Save....** We hear it over and again ...Have we really saved? Put on your thinking hats and fasten your seat belts .And pause for a moment and think, do we really need to save the earth?

Do we? Well, honestly, I don't think so. I have my reasons for it! We can't save the earth.

The Great Smog of Delhi, which saw queues of people in the hospitals, many people moving out of Delhi leaving behind their years of hard work ...schools were closed, and many children being confined to their houses with closed windows and doors with masks on their faces...and sadly it reported a few deaths too ..... How did this happen? We humans pollute the air by releasing toxic gases into the atmosphere from vehicles, industries, burning garbage. Did the earth die? No, the Earth never died, but it was we who fell sick....

Let's remember that the earth will continue to live with or without us or in simple terms the earth doesn't need us, we need the earth to survive.

The thought of saving the earth is not only arrogant but also insincere. If an incineration plant which pollutes the air is constructed near our houses. we become extra cautious and start lobbying against its dangers to the earth and the atmosphere. But if it's a swimming pool that is constructed near our homes we don't have anyone lobbying against its construction as we conveniently tend to forget that the chlorinated water used in the pool is dumped in the sewage causing abnormal growth of microorganisms leading to water pollution. Did the earth die? No, the Earth never died, but it was we who fell sick and the poor marine animals due to water pollution....

We don't want to save the earth. We want it to be our personal theme park. we try to change the earth to suit our tastes and needs. The fields which were growing rice is now a rare sight to see as it is being filled and raised to make apartments and theme parks. the forests are being cut down to grow plants and trees which would help man earn money, in this process we destroy the homes of animals and birds and we complain that the tigers and elephants are roaming across the streets and villages. Little do we realize that in the process of satisfying our egos and making the earth a money minting machine which cause earthquakes, droughts, acid rains, floods. Did the earth die due to these disasters? no ...but its man who died....

Fellow Gaveliers don't get me wrong. I am not against environmentalism. The Delhi Smog disturbed me greatly as I didn't have solutions to this great problem. It's when I read and heard all the news channels screaming Save the earth... **Save the earth...save..save..save** we hear and read this only when there's a problem.

I noticed that only a handful of the population had air purifiers and masks to save themselves, most of the population tied a dirty cloth around their faces as they couldn't afford the masks... Did the earth die...No the Earth never died it was only men and women who were sick and helpless? This made me realize that we must stop pollution as soon as possible only for us to survive.

As the ruins of the various civilizations of the past which form our history, the fossils of dinosaurs to name a few that are being discovered all serves as a reminder that the earth continues to survive and adapt despite the changes that have taken place.

So it's a humble request Let's do it for the right reasons and be consistent and sincere in our actions and stop hastening the process of destroying the gift of life given by God on earth and preserve it for the future generations to enjoy.

Let's not try to control and save the environment but rather save ourselves, the earth is not dependent on us, but we are dependent on the earth. Let's make a conscious effort to bring a change in our choices, attitudes, behaviors and lifestyle. Let's take a lifelong pledge to convert the knowledge that we learn from our books to practice in life.

Let's pause before we waste food, water, electricity or any form of resources.to quote Pope Francis **throwing food is stealing from a poor man's table.** let's apply it to everything in life and remember that we are not stealing only from a poor man but are robbing the future generation too. Let's give the gift of enjoying life on earth to the future generations as it was saved and preserved for us

So, let's save for us to live and be cheerful and be happy... I would conclude with a simple yet powerful phrase.....**WE HAVE NOT INHERITED THIS WORLD FROM OUR ANCESTORS,WE HAVE BORROWED IT FROM OUR CHILDREN...**



**Gav. Aaron Abraham**  
G.B Shaw Gavel Club  
Indian School Muscat

**Save the earth. It's the only planet with chocolate.**

**(Anonymous)**



## Sri Lankan School Muscat Sparks and Stage Masters GAVEL CLUB

**Teachers-in charge:** TM Ginthan Sathiyam  
TM Anuruddha Rathnayaka  
Ms Harshi Doloswala

**Councilor:** DTM Subhashini Sumanasekara

There are 2 Gavel clubs in *Sri Lankan School Muscat* and any student from year 5 and above can join Gavel clubs. *The Stage Masters Gavel Club and the Sparks Gavel Club* of the school give the initiative to ardent students who aspire to be leaders. It is in this context that draws all students so that they can grow with great integrity.

Gavel clubs were initiated in the school in the year 2014 with the continuous support from the Toastmasters fraternity of Sultanate of Oman and the school Management. We would like to extend our sincere gratitude for Toastmasters community in Sultanate of

Oman and the school management for their constant motivation. Also the services rendered by the past Teachers in charge of gavel clubs are highly appreciated. Every other Tuesday Gavel club sessions are being conducted and students are guided to be effective communicators and leaders through the Toastmasters Competent Communicator and Competent Leader manuals.

We conduct workshops on contest preparation, speech crafting, effective evaluations regularly to improve the skills of our Gaveliers. The Gaveliers of SLSM Gavel Clubs took part in Oman Gavel Championship of Public Speaking from year 2016. Our Gaveliers secured places in semifinals and finals in Evaluation Speech, Humorous Speech and Table Topic speech categories in Oman Gavel Championship of Public Speaking Contest.

We also conduct the induction ceremonies for the new Club officers with the presence of the Distinguished Toastmasters in Sultanate of Oman.

We would like to extend our warm congratulations for all the Gaveliers of the school for actively taking part in the Gavel club movement and we welcome new members to be partners of positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.



## ISG I GAVELIERS – SPEAKING TO LEAD

ISG-I Gavel Club provides a platform for students to improve their communication and leadership skills, which in turn fosters self-confidence and personal growth.

The session is held every Wednesday during the school hours. As it is part of the curriculum, attendance and continuity is always assured. It has elevated the confidence of each individual in the club with effective communication skills.

Sessions conducted by eminent Toastmasters and Mentors have given the Gaveliers the unique opportunity to refine their skills and learn from the experts. Our Gaveliers have always proved their mettle at the Oman Gavel Champion of Public Speaking.

ISG-I Gavel Club wipes out the fear of Public speaking, builds self confidence and raise efficient leaders.





## Snapshots-2019 Indian School Ghubra



## Snapshots-2019 Indian School Al Seeb





Snapshots-2019  
PDO Gavel Club



## CONFUSION OF THE YOUNG

Our society is continuously evolving with a variety of changes. There are changes in individual life styles, attitudes, morality, thinking patterns, and so on. These changes are galloping at a great speed like a virus. Although change is the norm of the nature and the society, individual has to adapt oneself for the new change. Some people especially the young easily imitate and get absorbed by the new trends. Whereas the majority especially, the adults and elderly find themselves hard to understand the new changes and get confused, as they are convinced that the earlier traditional ways are the best as they say "in our times it was not so". They want their younger generation to follow the traditional ways which were set by them as against the seductive, easy going modern ways.

The present young are in a world of confusion. They are confused between the modern and the traditional ways. The modern ways are very attractive, sensual and easy going. The young are very comfortable with the company of their peers as they boost and give them a signal that they are right. While at home, their parents advise them and insist on following the standards set by them. So the young get confused between the standards fixed by their parents and the fashion or trends existent around. They see they have a strict parenting against the liberal parenting of their peers. In fact, the young are confused between fanaticizing, seducing world around and the strict traditional society.

Confusion of our young is accelerated by the media, reality shows and social networking which they accept as God's word. Our young are 'keen observers but bad interpreters'. They observe everything keenly and take into heart that it is the reality but fail to interpret properly. It's too late when they realize reality. To interpret and make them realize the reality, they need good parenting. Parenting involves first and foremost in understanding the confusion of the young, that is, context or situation their young are facing. Secondly, to interpret the things and setting right their priorities. Initially, the young may be resistant and hold on to the ways they are doing. Although they are resistant, they love and respect their parents. Parents cannot leave them on their way, fearing the resistance. If parents fail to interpret and guide them, who else can do so. Right parenting involves in making them understand the difference between the things they see around and the reality within.



**Samuel .F. D'Silva**  
Counsellor  
ANA Gavel Club

Details of Gavel Clubs of Oman						
S.No.	Name of the Club	Name of the Counselor/ Coordinator	Email ID	Contact Number	Meeting Location	Meeting Day/Time
1	ANA Gavel Club	TM SAMUEL F. D'SILVA MTM NEEL KAMAL ANCHAN	<a href="mailto:samuelfrancis68@gmail.com">samuelfrancis68@gmail.com</a> <a href="mailto:n.anchan@live.com">n.anchan@live.com</a>	92568616/ 91919586	Hotel Golden Oasis, Wadikabir	Alternate Fridays / 9.30am to 11.30am
2	KTI Gavel Club	DTM SUNIL SADASIVAN DTM JINACHANDRAN NAMBIAR TM SHREERAMAN VIDYADHAR ACS ALS TM PRAVEEN PANICKER ACS ALB TM PRADEEP RAVINDRANATH CC CL	<a href="mailto:sunilsash@gmail.com">sunilsash@gmail.com</a> <a href="mailto:ttina@gmail.com">ttina@gmail.com</a> <a href="mailto:shreevsv@gmail.com">shreevsv@gmail.com</a> <a href="mailto:viswanathpraveen@gmail.com">viswanathpraveen@gmail.com</a> <a href="mailto:pradeep_r06@yahoo.com">pradeep_r06@yahoo.com</a>	93217525	Orbit Events Management office	1st & 3rd Saturdays / 10.00 am to 12.00 am
3	ISG AMETHYST Gavel Club	MTM MARIFILIS D'SOUZA MTM SHUBHA JOSE MTM CHAITRA PRANESH RAO	<a href="mailto:marifilis@yahoo.com">marifilis@yahoo.com</a> ; <a href="mailto:shubha.jose2017@gmail.com">shubha.jose2017@gmail.com</a>	99478652 / 99671670		
4	ISG BLUE SAPPHERE Gavel Club	Mrs. HIRAL AMIT KIRTI	<a href="mailto:hiralb04@gmail.com">hiralb04@gmail.com</a>	95440025	Indian School Ghubra	2nd & 4th Saturdays / 10.30am to 12.30 pm
5	ISG CITRINE Gavel Club	MTM RAKHI PARADKAR	<a href="mailto:paradkar_rakhi@yahoo.com">paradkar_rakhi@yahoo.com</a>	99580148		
6	ISG DIAMOND Gavel Club	MRS. ABHILASHA SHARAN	<a href="mailto:ranjanabhilasha@gmail.com">ranjanabhilasha@gmail.com</a>	96652872		
7	ISG EMERALD Gavel Club	MTM ANN THOMAS	<a href="mailto:anntomas76@gmail.com">anntomas76@gmail.com</a>	92120694		
8	ISM MILTON Gavel Club	TM PRABAKAR / MTM ABIDA AKTHAR	<a href="mailto:pprabakar2003@yahoo.co.in">pprabakar2003@yahoo.co.in</a>	93218516		
9	ISM CHURCHILL Gavel Club	TM SAJEEV SOMAN / MTM FATIMA SHEIKH	<a href="mailto:leevoman@gmail.com">leevoman@gmail.com</a>	99448627		
10	ISM KEATS Gavel Club	MTM SHYAMALA IYER / MTM BRIJI ANILKUMAR	<a href="mailto:shyams09@gmail.com">shyams09@gmail.com</a>	99214590		
11	ISM COLERIDGE Gavel Club	TM BIPIN / MTM MAMATA K	<a href="mailto:bipinmails@gmail.com">bipinmails@gmail.com</a>	95024655	Indian School Muscat	2nd & 4th Saturdays / 08.00am to 10.00 am
12	ISM G. B SHAW Gavel Club	TM PRAMEET BISWAS / MTM SABIRA MANIDHAR	<a href="mailto:prameetbiswas@gmail.com">prameetbiswas@gmail.com</a>	95031190		
13	ISM R. K. LAKSHMAN Gavel Club	MTM CHARULATHA / MTM CLARA RODRIGUES	<a href="mailto:charusbabu@gmail.com">charusbabu@gmail.com</a>	98466403		
14	ISM SHAKESPEARE Gavel Club	TM SHAJI MANIYAMPILLA / MTM SUNITHA PRAKASH	<a href="mailto:madeshaji@gmail.com">madeshaji@gmail.com</a>	95545935		
15	ISM TAGORE Gavel Club	TM NAVENEETHA KRISHNAN / TM GANGADHAR NAIK	<a href="mailto:krishgalaxy@gmail.com">krishgalaxy@gmail.com</a>	95468169		
16	ISM SAROJINI NAIDU Gavel Club	TM PRAVEEN PANICKER / MS. SINDHUMOL ARUNKUMAR	<a href="mailto:viswanathpraveen@gmail.com">viswanathpraveen@gmail.com</a>	92148486		
17	ISM ENID BLYTON Gavel Club	MTM TEJAL / MTM MAMATA K	<a href="mailto:tejal@hotmail.com">tejal@hotmail.com</a>	92934268		
18	ISM VIKRAM SETH Gavel Club	TM CHETLUR PRASAD / MS. NIDHI TACI	<a href="mailto:chetlurprasad@gmail.com">chetlurprasad@gmail.com</a>	95370794		
19	ISM SHELLEY Gavel Club	TM DANANJAYAN / MTM VEENA SURESH	<a href="mailto:tpdananjayan.bec@gmail.com">tpdananjayan.bec@gmail.com</a>	99531164		
20	ISM WORDSWORTH Gavel Club	TM PRAJEESH VARKEY / MTM ANU B. MATHEW	<a href="mailto:prajeeshvarkey@gmail.com">prajeeshvarkey@gmail.com</a>	94124981		
21	ISM J.K. ROWLING Gavel Club	MTM SANDHYA PAI / MTM JENNIFER EUGENIA DANIELS	<a href="mailto:sandhya883@hotmail.com">sandhya883@hotmail.com</a>	92108679		
22	ISWK SKYLARK Gavel Club	DTM SHYAMALA IYER / TM SONY P C	<a href="mailto:shyams09@gmail.com">shyams09@gmail.com</a>	99214590	Indian School Al Wadi Al Kabir	1st & 3rd Saturdays / 8.30 am to 10.30 am
23	ISWK SWIFT Gavel Club	TM SELVAKUMAR / TM RAKESH SHARMA	<a href="mailto:toastmasterselva@gmail.com">toastmasterselva@gmail.com</a>	98082286		
24	ISWK SKITTLES Gavel Club	TM JITESH MEHTA / TM JOBIN DEVASIA	<a href="mailto:toastmasterjitesh@gmail.com">toastmasterjitesh@gmail.com</a>	98012618		
25	ISWK HARLEY Gavel Club	TM DHANANJAYAN / TM MATHEW GEORGE	<a href="mailto:adureshin@gmail.com">adureshin@gmail.com</a>	99531164		
26	ISWK AIDEN Gavel Club	TM D SURESHKUMAR / MTM MINU THOMAS TM VINOD KUMAR T M SUDESHNA MAJUMDAR	<a href="mailto:vinodkumar@iswkoman.com">vinodkumar@iswkoman.com</a> <a href="mailto:sudeshnamajumdar@iswkoman.com">sudeshnamajumdar@iswkoman.com</a>	92369459 97479922 99608103		
27	ISAS KENNEDY Gavel Club	DTM CYPRIAN MISQUITH / MRS. MAMTA	<a href="mailto:Cyprian.misquith@gmail.com">Cyprian.misquith@gmail.com</a>	92601947	Indian School Al Seeb	1st & 3rd Saturdays / 8.30 am to 10.30 am
28	ISAS LINCOLN Gavel Club	TM AHSAN JALAL / MRS. SUSAN	<a href="mailto:ahsanjalal@hotmail.com">ahsanjalal@hotmail.com</a>	93273706		
29	ISAS CHURCHILL Gavel Club	TM HARWIN GABRIEL / MRS. ARTI	<a href="mailto:Harwin.gabriel@gmail.com">Harwin.gabriel@gmail.com</a>	98211571		
30	ISAS REAGAN Gavel Club	TM SACHIN THAKAR / MRS. TABASSUM	<a href="mailto:sachinZarch@gmail.com">sachinZarch@gmail.com</a>	92863364		
31	SLSM SPARKS Gavel Club	DTM SHUBHASHINI MTM GINTHEN SATHIYAN	<a href="mailto:sumanasekara@gmail.com">sumanasekara@gmail.com</a> / <a href="mailto:gintnan.sathiyana@slsm.edu.om">gintnan.sathiyana@slsm.edu.om</a>	92410772 / 91709196	Srilankan School, Wadi Kabir	Alternate Tuesdays / 2 - 4 pm
32	SLSM STAGE MASTERS Gavel Club	TM ANURUDDHA RATHNAYAKE	<a href="mailto:Rathnayaka@slsmoman.onmicrosoft.com">Rathnayaka@slsmoman.onmicrosoft.com</a>	71594748		
33	ISAM DIAMOND Gavel Club	TM GORDON GEORGE - Coordinator	<a href="mailto:gordongeorge@gmail.com">gordongeorge@gmail.com</a>	97838504	Indian School Al Mabelah	Alternate Saturdays / 10.00 am to 12 noon
34	ISAM EMERALD Gavel Club	MTM RAJIBA NAUSHAD / MTM LAKSHMI AJIT / MTM SHRUTHY ABHILASH	<a href="mailto:rajibanaushad@gmail.com">rajibanaushad@gmail.com</a> / <a href="mailto:lakshmiajit2002@gmail.com">lakshmiajit2002@gmail.com</a> / <a href="mailto/shruthysabilraj1992@gmail.com">shruthysabilraj1992@gmail.com</a>	99026192 / 95312654 / 91251243	ISG International, Ghubra	Every Wednesday / 1.30 pm to 2.30 pm
36	PDO Gavel Club	JAYASHREE CHABBI	<a href="mailto:jaypchabbi@gmail.com">jaypchabbi@gmail.com</a>	98807645	Falcon Room, Ras Al Hamra Recreation Centre	Every Tuesday / 5.30 pm to 7.00 pm
37	OMAN PRODIGIES Gavel Club	DTM RAMAKRISHNAN VIJAYAN	<a href="mailto:ramkimuscat@gmail.com">ramkimuscat@gmail.com</a>	99851139	Al Turki Hall, Ghala	Every Friday / 11.30 am to 1.30 pm



**The Executive Committee Members Meeting in progress for the Event of Oman Gavel Clubs Championship of Public Speaking 2019 in Indian School al Wadi al Kabir. The Executive Committee is formed of which elected DTM Cyprian Misquith as the Team Leader & Chairman, MTM Fatima is appointed as Secretary and DTM Shyamala Iyer, the Treasurer.**